



ARTHRITIS CARE

*Empowering  
people with arthritis.*

# Arthritis Care Report & Financial Statements

YEAR ENDED: 31 DECEMBER 2005

Real lives,  
real difference

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## Chair's statement

Arthritis Care is all about people. The reason we exist is to support people with arthritis. People with arthritis control our organisation and set its direction. And people – our volunteers and staff – are our greatest asset.

Arthritis certainly hit the headlines in 2005, with controversy surrounding some drug treatments. Sound information is vital at times like this, and our website and helpline teams were able to provide immediate and up-to-date information to people who were concerned about the medicines they were taking.

More positively, the year saw real action in the European Union to increase funds for research into arthritis. Our leading role in collaborating with other organisations also representing people with arthritis was an important factor in this success. People with arthritis in the UK can be proud of the part they played in this.

We have worked closely with the Welsh Assembly Government and the English Department of Health on developing strategies for arthritis services, making sure the perspective of people with arthritis is taken into account. I look forward to seeing services improve once these strategies are published. In Scotland and Northern Ireland we have continued to push for similar initiatives.

During the 1990s, Arthritis Care established a formidable reputation for our pioneering work in developing self-management programmes. In recent years we have expanded our training portfolio. However, we have



*We have managed to get arthritis firmly on the agenda*

recognised there is much more we can do. In 2005 we refocused in this area, putting in place more robust ways of measuring what and how we deliver so that we can better respond to a changing environment.

With governments hungrier than ever to see more people benefit from this sort of service, the timing could not have been better.

We also moved to co-ordinate our highly valued information services like never before to meet a rising demand, partly stimulated by our successful campaigning. Raise awareness of arthritis, as we have done, and you stimulate demand for help and

support – and we are now better prepared for this.

So, we have managed to get arthritis firmly on the agenda. In a new world where a different emphasis is placed on how and where healthcare and support is delivered, Arthritis Care is ready and eager to meet these new challenges.

The board is indebted to the untiring efforts of our appointed and elected volunteers and staff who are involved in service provision and fundraising.

Sadly, our hotels service once more ran at an operating loss. The service was already under long-term review and the projections are that over

the next five years the operation would lose around £1m. After careful consideration therefore, in February 2006 the board of trustees decided that it was not commercially sustainable for Arthritis Care to continue to manage a loss-making service that is no longer a strategic priority.

Whilst we cannot guarantee it, we hope the service will be maintained under new ownership and all options to this end are being explored. We are also investigating other ways in which we can support our members and other people with arthritis to find holidays which are affordable and accessible.

This year, we have decided to implement (one year early) the 2005 provisions of the Statement of Recommended Practice (SORP) Accounting

and Reporting by Charities, and to provide readers with the greater transparency and accountability of reporting that this brings.

Arthritis Care will be celebrating its 60th birthday in 2007. To get us in shape for hitting this milestone, 2006 will see us taking a good look at all our activities. A consultation involving people with arthritis will help us to look for new ways in which we can meet their needs: the entire reason we are here.

**Terry Oliver**  
Chair of trustees

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# Report of the trustees

for the year ended 31 December 2005

## 1. Reference and administrative details of the charity, its trustees and advisors

The trustees, who are also the directors of the charity for the purposes of the Companies Act, submit their report and audited financial statements for the year ended 31 December 2005. The statements appear in the format required by the Statement of Recommended Practice for Accounting and Reporting by Charities (revised March 2005). The report and statements also comply with the Companies Act 1985.

### Trustees, officers and professional advisors

<b>Patron:</b>	Duke of Westminster	
<b>President:</b>	Jane Asher	
<b>Chair:</b>	Terry Oliver	
<b>Vice chair:</b>	Rosemary Blair	
<b>Treasurer:</b>	Roy Whithear	
<b>Trustees:</b>	Adrian Adams	Anne Chittock
	Mary Cowern	David Doyle
	Pat Field	Ann Heaton
	Richard Hull	Norma MacDonald
	Stephen Maguire ( <i>retired 7 September 2005</i> )	
	Kathleen Peat	Marianne Scobie
	Alan Wilson ( <i>appointed 7 September 2005</i> )	

**Chief executive:** Neil Betteridge

### Company secretary and director of resources:

Elizabeth Lendering

**Head Office:** 18 Stephenson Way  
London  
NW1 2HD  
Tel: 020 7380 6500

**Auditors:** Sayer Vincent  
8 Angel Gate  
City Road  
London EC1V 2SJ

**Bankers:** National Westminster Bank  
(Royal Bank of Scotland Group)  
Corporate Banking London  
9th Floor, 280 Bishopsgate  
London  
EC2M 4RB

**Solicitors:** Potheary and Barratt,  
White Horse Court  
North Street  
Bishops Stortford  
CM23 2LD  
Russell-Cooke Solicitors,  
2 Putney Hill,  
London  
SW15 6AB

**Investment advisers:** Gerrard Ltd  
Old Mutual Place  
2 Lambeth Hill  
London  
EC4V 4GG

## 2. Structure, governance and management

### 2.1 Structure

Arthritis Care is a charitable company limited by guarantee and was set up in 1947. The guarantee of each member is limited to £1. It is governed by a memorandum and articles of association, which were last amended on 12 July 2003.

### 2.2 Governance

#### 2.2.1 Recruitment and appointment of new trustees

Within the requirement of Company Law that the membership in a general meeting appoints the directors, the composition of the board of trustees reflects the user-involvement ethos and devolved structure that underpins the work of the charity. Each of the seven national/regional committees elects one of their number (two in the case of Scotland) to serve as a trustee for three years. In addition, five trustees are directly elected by the membership to serve for three years.

On a three yearly basis, the board elects from its membership a trustee to serve as chair of the charity (ex-officio) and a vice-chair. The honorary officer position of treasurer is filled by a recommendation of the board to the membership at the annual general meeting and serves for three years. The board also has the power to co-opt two others to serve as trustees for three years. There are presently no co-opted trustees. A majority of the current board are people with personal experience of arthritis.

#### 2.2.2 Induction and training of trustees

On appointment, each trustee completes a register of interests which is renewed annually and receives appropriate induction. Further training needs are met both individually and as an entire trustee board. Board Development days are held regularly as part of committee timetabling.

### 2.3 Management

#### 2.3.1 Strategic management

The board meets as a whole on at least four occasions during the year and delegates some functions to three sub-committees: the operations and resources committee, the public affairs committee and the audit committee. In addition, advisory groups on pensions, investments, medical issues, and young persons and families' issues, further support these committees. These advisory groups have professionals, such as rheumatologists, orthopaedic surgeons and fund managers, providing direct input into the group planning. All sub-committees and advisory groups have their decisions ratified by the board.

#### 2.3.2 Operational management

Arthritis Care is organised into three UK-wide directorates.

The public affairs directorate works to improve understanding of the needs of people with arthritis, campaigns for changes in policy and practice and has strategic responsibility for the delivery of our information and self-management services.

The marketing and fundraising directorate works to raise

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# Report of the trustees

for the year ended 31 December 2005

awareness of the organisation and raises funds from many sources including legacies, individual donations, membership, corporate sponsorship and trust and grant funding.

The resources directorate incorporates finance which supports the charity with activities such as financial reporting and management, and internal audit and support services; human resources ensuring the recruitment, retention and development of staff and volunteers; company secretarial services advising on legal matters and ensuring good governance and IT, facilities and health and safety services.

Geographically, Arthritis Care has national offices in Scotland, Northern Ireland, Wales and three regional offices covering North, Central and South England. Their objective is to achieve the campaigning and service delivery objectives of the charity in the context of their own country or regional environment, taking into account local priorities and methods of delivery.

## 2.4 Relationships with related parties

### 2.4.1 Arthritis Care (Trading) Ltd

The charity's wholly owned trading subsidiary gifted a total of £21,800 to the charity. This was earned from merchandising, and through consultancy income. The trustees continue to review the future role of the trading subsidiary with a view to ensuring that the charity has the most effective arrangements in place for maximising tax relief and for complying with legal requirements.

### 2.4.2 Arthritis Care Abbeyfield (Devon) Society Ltd

The charity is a member of the society holding £1 share. The society was registered on 20 January 1995 under the Industrial and Provident Societies Act 1965 to manage Patterson Lodge, owned by Arthritis Care, as sheltered accommodation for people who have arthritis. The charity does not exercise control of ongoing management of the sheltered accommodation. The charity is in negotiation with the registered charity Abbeyfield UK, with regard to the potential purchase of Patterson Lodge. Abbeyfield UK has a management agreement with the society. Please refer to notes 9 and 20 for further details of Patterson Lodge.

## 2.5 Risk management

As reported in previous trustees' reports, the Audit Committee has retained the services of an internal audit provider, Pritchard Wood. In March 2005, Pritchard Wood reported upon risk management and concluded that Arthritis Care's risk management system did not adequately address corporate risk. In making this observation, Pritchard Wood provided a series of recommendations which have been accepted by management for implementation during 2006. These recommendations included creating a multi-dimensional risk model to reflect the diversity of operations and then implementing a policy and procedure for managing risk at board and senior management level cascading down to all staff and volunteers. As a precursor to this detailed work, the organisation has undertaken significant activity in the areas of health and safety. An annual detailed report was

submitted to the board which highlighted, amongst other things, that health and safety awareness workshops have been run at branches, hotels and with volunteer groups.

## 3 Objectives and activities

### 3.1 Our aims

Arthritis Care is the UK's largest voluntary organisation working with and for people with arthritis. People with arthritis are at the centre of what Arthritis Care does and play a leading role in the organisation as volunteers, trustees and staff.

Arthritis Care's vision is of a society where people with arthritis have equal opportunities and full social inclusion.

Arthritis Care is committed to improving the lives of all people with arthritis through offering:

- real choices
- accessible and accurate information
- high quality services
- relevant support
- inclusion in society
- specialist consultation and fair representation
- training and development
- needs-led services.

Our mission is represented with the following five key current strategic aims:

**Representation** – through our policy and campaigning work, we aim to represent all people with arthritis, lobbying to improve access to treatment and services and to make arthritis a priority with decision-makers across the UK and Europe.

**Information and support** – through the provision of clear, accurate and appropriate information, which enables people to make informed decisions about how they manage their arthritis and their lives. We provide support through a confidential helpline service, a network of local volunteers and branches and four accessible hotels.

**Training** – providing people with arthritis with skills and knowledge, which enable them to make beneficial changes to their lives. This is achieved through the provision of a portfolio of self-management courses, including a course dedicated for young people with arthritis.

**Inclusion** – to ensure that everyone with arthritis is represented and has access to the information and support they need in an appropriate way.

**Success** – to ensure there are clear and measurable aims and outputs for service delivery and access to voluntary and statutory income to deliver the above aims, thereby having a positive impact on the lives of people with arthritis.

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# Report of the trustees

for the year ended 31 December 2005

Our 209 employees (232 in 2004) are central to delivering our services. We also work with over 1,600 volunteers from our branch network and the wider community to deliver services to people with arthritis in their communities.

## 3.2 Objectives and strategies for 2005

In 2005 we set out to be:

- the leading voice for all people with arthritis
- the leading provider of information and support at every stage of the journey with arthritis
- the 'prescription' for people with arthritis to offer the support that is needed and deserved
- there for people with arthritis at every stage of their lives
- offering services and activities to
  - young people and their families
  - adults through their active, working years
  - older people – enabling a fulfilling and active retirement and providing social support.

In order to achieve this:

- our targets and outputs need to be measurable against the impact we have on the life of someone with arthritis
- we need to develop, integrate and deliver and package our services, and the way they are delivered, most appropriately for the user
- we need to work to a balanced budget, with planned investment strategies in new service delivery, to have a flexible infrastructure, which can react to and maximise any given external factors.

## 3.3 Our gratitude

The charity is grateful for the unstinting efforts of its appointed and elected volunteers and staff who are involved in service provision and fundraising. Last year there were nearly 1,600 volunteers actively involved in delivering information, training, taking part in the Campaigners Network and running our network of local voluntary branches.

## 3.4 Employee involvement and employment of disabled people

The charity has implemented (and is developing further) policies in relation to all aspects of personnel matters including equal opportunities, volunteering and health and safety policies. Last year, in conjunction with AMICUS, we undertook an organisation-wide survey to assess staff views on work-related stress and bullying. The new policies are now approved and a programme of training is being rolled out in 2006.

In accordance with Arthritis Care's equal opportunities policy, the charity has well-established, fair employment practices in the recruitment, selection, retention and training of disabled staff including a disability leave policy.

## 4. Achievements and performance

The statements this year appear in a format required by the revised SORP and, whilst complying with the Companies Acts 1985, they codify expenditure according to our charitable activities: representation and campaigning, information and support, training, voluntary-run branch activities and hotels.

### 4.1 Representation and campaigning

In 2005 we said we would...

- Make appropriate public representatives, institutions and other key influencers more aware of the needs of people with arthritis and ensure that any legislative, regulatory and policy developments have a positive impact on their health and social well-being.

- Develop and deploy robust and consistent campaigning messages that promote civil rights, inclusion and independence and maximise access to relevant and available treatments and services.

- Develop and present clear internal and external organisational policy positions based on high quality research and information that promote our own priorities and respond to the agendas of other relevant groups and institutions.

- Develop and model the provision of appropriate means of supporting people with arthritis to campaign effectively on issues affecting their lives and represent their views to relevant consultative and decision-making bodies.

- Work with other voluntary organisations and networks to identify shared priorities and action for the benefit of people with arthritis.

During the year we have...

- Introduced the perspectives of people with arthritis into the development of government musculoskeletal strategies for England and Wales by membership of the working groups developing these strategies. We continue to await the publication of the Wales Arthritis Strategy and the Department of Health's Musculoskeletal Framework.

- Contributed to the success of a formal motion passed by the European Parliament calling for improved funding for research into arthritis and for greater civil rights for disabled people. Following lobbying by Arthritis Care, MEPs tabled a motion which received overwhelming support, with over half of all MEPs signing it. It is now an official policy of the European Parliament which is an unprecedented outcome for such an initiative.

- Launched a Manifesto for Arthritis calling for a strategy for arthritis in Northern Ireland and highlighting the need for: improved multi-disciplinary rheumatology services; better access to new treatments; more support for user-led self-management training and for better services for children and young people

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# Report of the trustees

for the year ended 31 December 2005

with arthritis. Spokespersons for all five main Northern Ireland political parties responded to the launch, all of them expressing support for the concerns set out in the manifesto.

- Recruited and supported 326 core members of our innovative Campaigner's Network. A further 6,000 people received regular campaign bulletins and participated informally in the network's activities

- Supported people with arthritis who were distressed after the announcement that co-proxamol was to be withdrawn due to concerns about overdosing. As well as providing practical support, Arthritis Care entered into a consultation with the

- Work with health professionals and other key partners to raise awareness of Arthritis Care's role in healthcare provision for people with arthritis.

## During the year we have...

- Launched a media campaign highlighting the effects of osteoarthritis and the concerns people have over the withdrawal of certain medications. Research was conducted with 1,003 people with arthritis throughout the UK and the resulting report, *Living with arthritis – a spotlight on the continuing impact of chronic osteoarthritis pain*, was launched in August 2005. The awareness campaign resulted in a significant rise in calls to our

### *Young people and families*

*We successfully conducted a wide-ranging campaign calling for the provision of an additional paediatric rheumatologist in Trent Strategic Health Authority. A new rheumatologist has been recruited delivering services to young people with arthritis in the area.*

Medicines and Healthcare Regulatory Authority (MHRA) which resulted in the agency re-issuing guidance to GPs to clarify the availability of the drug. People in genuine need of co-proxamol to manage their pain now have a better chance of receiving it.

- Become a founding member of the Long-term Conditions Alliance in Scotland which will ensure that people with arthritis are represented on the long term conditions agenda.

## 4.2 Information and support

### In 2005 we said we would...

- Develop organisational capacity to facilitate and distribute relevant stakeholder information through a variety of user-friendly means.

- Produce and distribute relevant information and publications that consistently reflect the values, messages and brand of Arthritis Care, delivered in appropriate formats and languages to reach the widest possible audiences.

- Develop and strengthen high quality, responsive and integrated UK-wide, national, regional and locally-based information services and resources.

- Review, monitor and manage the application and implementation of relevant information/helpline quality standards.

- Support volunteers through training and resources to help deliver high quality information services in their communities.

helpline which served to show how much the one-to-one support provided by the service is valued by people with arthritis.

- Consulted over 100 people with arthritis to find out how our information booklets could be enhanced to provide the most effective resource. Our research showed that people trust information that is produced by Arthritis Care and want to be able to identify it as ours straight away. They also wanted us to continue with the wide range of topics our information covers (including diet and exercise), in plain language and an easy-to-read format. We responded by reviewing and re-launching six of our publications during the year.

- Recruited and trained new information volunteers throughout the UK and supported 113 of our new and ongoing volunteers to provide information services through public information points in their local communities including hospitals, libraries, GP surgeries and rural shows. Volunteers supported 383 community and health information points.

- We surveyed people who have used our confidential helpline service to ensure that we are providing a high-quality service that meets their needs. Over 96 per cent of those surveyed rated the service they received as good or excellent. In addition, to make our service more readily available, we extended the freephone open hours from four to six hours each working day.

- Partnered with Boots the Chemist and the National Rheumatoid Arthritis Society (NRAS) in a project which aimed to educate pharmacists about the impact of arthritis and provide simple tips to people with arthritis on how to make a difference to their quality of life. The campaign was taken up by around 60

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# Report of the trustees

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per cent of Boots stores and contributed to the pharmacists' own professional development. People with arthritis were made aware of the support that could be provided by Arthritis Care.

## 4.3 Training

In 2005 we said we would...

- Evaluate and monitor the environment for self-management training services and ensure organisational capacity to effectively deliver our services and future growth.
- Develop and market a portfolio of high quality training services that respond to the needs of people with arthritis of all ages, their families and relevant professionals.
- Identify how we can deliver self-management tools to people with arthritis in harder to reach groups, and pilot courses appropriately.
- Provide education and support to employers in order to ensure their adherence to the requirements of the DDA and that they understand the value and needs of people with arthritis in the workplace.
- Develop external relations and partnership working in order to promote our training services.

During the year we have...

- Responded to the external and internal environment for our self-management training services and implemented a strategic review of the future for our training services.
- Responded to the problem of long waiting-lists for formal pain clinics in the south east of England through the development of a

- Worked with Sheffield Hallam University occupational therapy department to deliver a training module to 60 students. The aim of the programme is to raise awareness of the needs of people with arthritis and better prepare future health practitioners of the services available to support their patients.

- Responded to the needs of people in rural communities by piloting the delivery of our flagship self-management courses to people with arthritis via video-linked sessions in Scotland. Four courses have been delivered in this innovative way, ensuring that people within remote rural communities have access to the tools and techniques to better manage their arthritis.

- Recognised the need to provide support to those caring for people with arthritis and delivered awareness-raising workshops to 141 care home staff in Denbighshire and Camarthenshire in Wales.

- Last year we delivered 116 courses to 1,421 participants. At the end of December we had a list of 2,208 people with arthritis waiting to attend our courses.

## 4.4 Voluntary-run branch network

In 2005 we said we would...

- Provide support to our volunteer branch network recognising the difficulties they have in recruiting volunteers, members and dealing with regulatory requirements.

During the year we have...

- Maintained a Joint Working Group between regional committees and trustees to ensure that branch support is provided where necessary, and that links with the organisation are strengthened.

### *Active retirement*

*During the autumn of 2005 our publications were made available at events held in rural Powys, aimed at enhancing the health and wellbeing of the over-50s. The events, held locally within the rural communities, were arranged with the mid Powys older persons' development officer. They were attended by large numbers of people who were able to access health-related information and take part in tai chi sessions, film clubs and in discussions on issues affecting them.*

new self-management course, Challenging Pain. A clinical trial is underway at Derriford Hospital in Plymouth and to date we have trained 35 staff and volunteers to deliver four pilot courses. The trial includes regular monitoring of participants at three, six and 12-month intervals to measure the impact the course has had on managing pain.

- Relaxed the rules on governance for branch committees, reducing the number of committee representatives to two. This support will ensure those branches which are struggling to remain open are not impeded by previous committee requirements.

# Report of the trustees

for the year ended 31 December 2005

## 4.5 Hotels

### In 2005 we said we would...

- Begin a major review of our hotels service, examining a wide range of future options including the possible formation of a new social enterprise.
- Continue to work with existing partnerships and seek new opportunities for joint promotion and support of the current service.

income, cost cutting and an upturn in the value of investments has meant that – ahead of schedule and for the second year in succession – an unrestricted surplus of £252k has been recorded after actuarial loss on pensions (before actuarial loss on pensions unrestricted surplus: £549k).

So we can look forward with some confidence that the significant cuts in the overall establishment costs, coupled with containable operational plans, will enable a year on year surplus balance to be achieved. The unpredictable nature of legacies is still a worry. The board now adopts a budgeting process,

### *Working years*

*Finding and staying in work can be a challenge when you have arthritis. In 2005, we piloted the Preparing for Work course in East Anglia in recognition of the support needed by people with arthritis who want to get back into the workplace. The course is based on our flagship self-management programme, Challenging Arthritis, with additional elements which help people develop the practical skills and confidence needed to get back into work. Nine courses were delivered in the year to 120 people with arthritis. To date we know that 19 of these people have started work as a result.*

### During the year we have...

- With the help of external consultants, undertaken a thorough review into the long-term viability of the hotels operation.
- Entered into a marketing partnership with Grooms Hotels (a sister charity and fellow member of the Holidays for All consortium operating hotels and self-catering accommodation for disabled people) to identify joint marketing opportunities of the hotels service.
- Continued our involvement with the work of Tourism for All UK, a charity which works towards influencing national and international tourism policies to ensure practices, information and standards extend the possibility of travel and leisure to those who may have been previously excluded.

## 5. Financial review

### 5.1 Review of the year

Over the past few years the board has been concerned about unrestricted funds, particularly that expenditure had consistently exceeded income. So it set itself the objective of creating an organisation that could live within its means, on a year-by-year basis, by 2006.

Towards the end of 2004, better than anticipated legacy income provided the opportunity to record a reversal of fortunes in the accounts for the year ending December 2004. The charity posted a healthy surplus of £1,050k after actuarial gains on pensions (before actuarial gains on pensions: £368k). For the year ending 31 December 2005, a continuation of relatively high legacy

whereby new activities are funded from known reserves or achieved funding.

The management of restricted funds provides a slightly easier management issue. The nature of restriction means that funds are either assured or spending defined. An under or over (surplus or deficit) on restricted funds is an indication of a point in time, rather than a funding issue. But the board has worked to ensure that restricted funds are utilised expediently.

### 5.1.2 Trustees' responsibilities for the accounts and financial statements

Company and charity law requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the group and charity, and of the net incoming/outgoing resources of the group for that period. In preparing these financial statements, the trustees have:

- selected suitable accounting policies and then applied them consistently
- made judgements and estimates that are reasonable and prudent
- stated whether applicable accounting standards and Statement of Recommended Practice (SORP) have been followed, subject to any material departures disclosed and explained in the financial statements
- prepared the financial statements on the going concern basis.

The trustees have overall responsibility for ensuring that the charity has appropriate systems of control, financial and

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# Report of the trustees

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otherwise. They are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Companies Act 1985. They are also responsible for safeguarding the assets of the charity including taking all reasonable steps for the prevention and detection of fraud and other irregularities, and to provide reasonable assurance that:

- the charity is operating efficiently and effectively
- its assets are safeguarded against unauthorised use and disposition
- proper records are maintained and financial information used within the charity or for publication is reliable
- the charity complies with relevant laws and regulations.

Arthritis Care's systems of internal control are designed to provide reasonable, but not absolute, assurance against material mis-statement or loss, and include:

- a strategic plan, business plans and an annual budget approved by trustees
- regular consideration by the trustees of financial results, variance from budgets and non-financial performance indicators
- delegation of authority and segregation of duties
- identification and management of risks.

### 5.1.3 Basis of accounting

The key accounting policies remain unchanged. The method of allocation of support costs has been amended in line with the new SORP which has resulted in some re-analysis of the 2004 figures.

### 5.2 Reserves policy

In support of the strategic objective of achieving financial security for the organisation, the trustees have reviewed the reserve policy of the charity including the branches. In setting the level of reserve, the trustees take a risk-based approach. The review is to ensure that the policy addresses:

- the number of unpredictable income streams.
- changes in legislation that present new commitments (eg pensions legislation).
- support the strategic plan
- financial stability
- setting aside funds for planned expenditure and other commitments.

The above was quantified and resulted in a minimum reserve requirement of £3m. Unrestricted reserves, including designations are £3.7m. See note 17.

In respect of restricted funds held by local branches and groups, it is the trustees' recommended policy that reserves equivalent to two year's running costs should be aimed for. Regular meetings

are continuing with representatives of the branches with the greatest reserves as to how funds in excess of two year's running costs can best be used locally for people with arthritis within a business planning approach. This year saw a utilisation of these locally-held reserves supporting the ongoing work of the charity (see note 5(a)).

### 5.3 Principal funding sources

#### 5.3.1 Voluntary income and fundraising

Just over half of our income comes from voluntary donations. In 2005 we received £4,257k of voluntary income (against £4,822k in 2004). Legacies account for 66 per cent (2004: 70 per cent) of voluntary income and 33 per cent of our overall income (2004: 36 per cent).

The cost of generating the voluntary income, called fundraising in the financial statements, was £835k. This was a reduction of £168k compared to fundraising in 2004 which was £1,003k. Savings have come from outsourcing some of the administrative activities that were previously performed in-house.

The balance of income can be matched to our charitable activities, all of which to an extent are subsidised by net voluntary income.

#### 5.3.2 Income from charitable activities

The balance of our resources come from the provision of our charitable activities which account for 47 per cent (2004: 44 per cent) of the charity's income.

#### 5.3.3 Representation and campaigning

Representation and campaigning raised £361k (2004: £247k) against related expenditure of £871k (2004: £952k). The charity's England and Northern Ireland representation and campaigning work is funded by grants/donations from the Big Lottery and Community Funds which accounts for 32 per cent of income. Arthritis Care also hosts the European project People with Arthritis and Rheumatism in Europe (PARE). This is supported by grants from a number of pharmaceutical companies. Arthritis Care's role is to manage and service the project on behalf of The European League against Rheumatism (EULAR). The PARE project accounts for 62 per cent of income raised for representation and campaigning. Please refer to note 21 for full details of grants from pharmaceutical companies.

#### 5.3.4 Information and support

Income for our information services is £537k (2004: £612k) against related expenditure of £1,757k (2004: £1,963k). Income is raised via advertising, membership and subscriptions, grants and contracts. This year saw a general reduction across all the income headings for information provision. However, cost reductions more than offset the falling revenue.

#### 5.3.5 Training

The portfolio of training services raised £495k (2004: £442k) against related expenditure of £1,015k (2004: £1,223k). The

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# Report of the trustees

for the year ended 31 December 2005

training services are funded via grants and course sales.

### 5.3.6 Voluntary-run branch activities

The Arthritis Care network of voluntary-run branches raised £1,044k (2004: £1,129k) against related expenditure of £2,167k (2004: £2,747k). The net outflow of resources is in line with the charity's reserves policy which is for branches to utilise reserves accounting for more than two year's running costs.

### 5.3.7 Hotels

Our four hotels raised £1,545k (2004: £1,612k) against related expenditure of £1,852k (2004: £1,766k).

The trustees decided to withdraw from direct engagement in hotel operations early in 2006. This decision has been approved in order to secure the most appropriate future for the services for people with arthritis. 2006 will be a normal operating year for the hotels.

### 5.4 Support costs

The charity has over the past four years been cutting costs to lower the establishment, staffing and infrastructure costs to the organisation. Support costs for the year are £1,256k (2004: £1,474k)

### 5.5 Balance sheet

The balance sheet remains in good shape, providing adequate assets to deliver the charity's strategic services. Fixed assets increased in the year mainly due to growth in investments.

#### 5.5.1 Fixed assets

The movements in tangible fixed assets during the year are set out in Note 9 of the financial statements. There have been no significant changes in tangible fixed assets.

The charity is in the process of investigating the transfer of Patterson Lodge, administered by the Arthritis Care Abbeyfield Devon Society, to the registered Abbeyfield charity. Details are contained in note 20 of the financial statements.

#### 5.5.2 Current assets

The significant decrease in debtors and increase in cash and bank is the conversion of accrued income from legacies to cash in the early part of 2005.

### 5.6 Investment policy and returns

Investment decisions for the centrally administered investments are taken by the investment managers within the investment mandate set by the trustees, as permitted by an Order of the Charity Commission under section 26 of the Charities Act 1993. Reports are received on a quarterly basis from the investment managers.

The overriding aim is to maintain the real value of the capital through long-term investment. The investment managers, with the approval of the trustees, have moved into collective funds

and away from single equity investments. The small number of branches with large investment portfolios must comply with the charity's investment policy as set by the board of trustees. For smaller investments, most branches use high interest deposit accounts or other risk free investments, most usually National Savings income bonds and accounts.

On a six-monthly basis, the investment advisory group reviews the investment managers' performance against benchmark. The investment managers outperformed the APCIMS balanced index benchmark significantly in 2005. Portfolio 17.1 per cent, benchmark 14.93 per cent (2004: portfolio 6.59 per cent, benchmark 6.51 per cent).

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# Report of the trustees

for the year ended 31 December 2005

## 6. Future plans

Our future plans include...

- A review of our governance arrangements to ensure they are robust and democratic. We intend to grow our membership and ensure that everybody with arthritis who wishes to be part of this organisation will be welcomed and valued equally.
- Packaging all of our key services in a way that will meet the particular life-stage of a person with arthritis and, within those programmes, ensure that we can meet the needs at whatever stage they are of having arthritis. The way that these programmes would be adopted, developed and implemented will vary within each nation in order to respond to existing and future priorities and opportunities.
- Easier and wider access to internet-based information on arthritis and Arthritis Care.
- Raising awareness of our information and helplines services, resulting in an increase in the volume of quality interactions.
- Ensuring the implementation of musculoskeletal strategies in England and Wales, and development of similar approaches in Scotland and Northern Ireland.
- Increasing the involvement of individual people with arthritis in Arthritis Care's campaigns activity.
- Participating in the development of new government proposals on disability benefits, to ensure the needs of people with arthritis are represented appropriately.
- Developing new and flexible approaches to lay-led self-management programmes by piloting activities across the UK.
- Marketing our courses more assertively to users and purchasers and seeking markets outside the NHS to increase the number of courses we deliver, while maintaining our current fixed costs base.
- Through greater integration of our planning processes and by developing the programme approach around life stages, we intend to ensure that fundraising and our other external activities are mutually supportive.
- The withdrawal from direct engagement in hotel operations, whilst identifying and developing alternative leisure services for people with arthritis.

## 7. Re-appointment of auditors

A resolution to re-appoint Sayer Vincent as auditors was proposed to and accepted by the members at the annual general meeting.

The board approved this report on 8 May 2006.

Terry Oliver

Chair of trustees, on behalf of the board of trustees

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# Independent auditors' report to the members of Arthritis Care

We have audited the financial statements of Arthritis Care for the year ended 31 December 2005 which comprise the consolidated statement of financial activities, balance sheet, cashflow statement and related notes. These financial statements have been prepared in accordance with the accounting policies set out therein and the requirements of the Statement of Recommended Practice: Accounting and Reporting by Charities (issued in March 2005).

This report is made solely to the charitable company's members, as a body, in accordance with section 235 of the Companies Act 1985. Our audit work has been undertaken so that we might state to the charitable company's members those matters we are required to state to them in an auditor's report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charitable company and the charitable company's members as a body for our audit work, for this report, or for the opinions we have formed.

## Respective responsibilities of the trustees and auditors

The trustees (who are also directors of Arthritis Care for the purposes of company law) are responsible for preparing the annual report and the financial statements in accordance with applicable law, and United Kingdom Accounting Standards (United Kingdom generally accepted accounting practice) and the Statement of Recommended Practice: Accounting and Reporting by Charities (issued in March 2005). The responsibilities of the trustees are set out in the Statement of Responsibilities of the Trustees.

Our responsibility is to audit the financial statements in accordance with relevant legal and regulatory requirements and International Standard on Auditing (UK and Ireland).

We report to you our opinion as to whether the financial statements give a true and fair view and are properly prepared in accordance with the Companies Act 1985. We also report to you if, in our opinion, the annual report of the trustees is not consistent with the financial statements; if the group and charitable company have not kept proper accounting records; if we have not received all the information and explanations we require for our audit; or if information specified by law regarding the trustees' remuneration and transactions with the group and charitable company is not disclosed.

We read other information contained in the annual report, and consider whether it is consistent with the audited financial statements. This other information comprises the chair's and the trustees' reports. We consider the implications for our report if we become aware of any apparent mis-statements or material inconsistencies with the financial statements. Our responsibilities do not extend to any other information.

## Basis of opinion

We conducted our audit in accordance with International Standards on Auditing (UK and Ireland) issued by the Auditing Practices Board. An audit includes examination, on a test basis, of evidence relevant to the amounts and disclosures in the financial statements. It also includes an assessment of the significant estimates and judgements made by the trustees in the preparation of financial statements, and of whether the accounting policies are appropriate to the group and charitable company's circumstances, consistently applied and adequately disclosed.

We planned and performed our audit so as to obtain all the information and explanations which we considered necessary in order to provide us with sufficient evidence to give reasonable assurance that the financial statements are free from material mis-statement, whether caused by fraud or other irregularity or error. In forming our opinion we also evaluated the overall adequacy of the presentation of information in the financial statements.

## Opinion

In our opinion the financial statements give a true and fair view, in accordance with United Kingdom generally accepted accounting practice, as modified by the Statement of Recommended Practice: Accounting and Reporting by Charities (issued in March 2005), of the state of the group's and charitable company's affairs as at 31 December 2005 and of the group's incoming resources and application of resources, including its income and expenditure, for the year then ended; and have been properly prepared in accordance with the Companies Act 1985.

Sayer Vincent  
Chartered accountants and registered auditors, London

10 May 2006

# ARTHRITIS CARE

## CONSOLIDATED STATEMENT OF FINANCIAL ACTIVITIES

(Incorporating Income and Expenditure account) for the Year Ended 31 December 2005

	Notes	2005			2004		
		Unrestricted Funds £'000	Restricted Funds £'000	Total £'000	Unrestricted Funds £'000	Restricted Funds £'000	Total £'000
<b>Incoming resources</b>							
<i>Incoming resources from generated funds:</i>							
Voluntary income	2	4,218	39	4,257	4,529	292	4,821
Activities for generating funds	3	141	0	141	161	0	161
Investment income	4	64	102	166	32	104	136
<b>Total incoming resources from generated funds</b>		<b>4,423</b>	<b>141</b>	<b>4,564</b>	<b>4,722</b>	<b>396</b>	<b>5,118</b>
<i>Incoming resources from charitable activities:</i>							
Representation and campaigning	5	0	361	361	0	246	246
Information	5	304	233	537	460	152	612
Training	5	53	442	495	186	256	442
Voluntary run branch activities	5	0	1,044	1,044	0	1,129	1,129
Hotels	5	1,520	25	1,545	1,580	33	1,613
<b>Total incoming resources from charitable activities</b>		<b>1,877</b>	<b>2,105</b>	<b>3,982</b>	<b>2,226</b>	<b>1,816</b>	<b>4,042</b>
<b>Total incoming resources</b>		<b>6,300</b>	<b>2,246</b>	<b>8,546</b>	<b>6,948</b>	<b>2,212</b>	<b>9,160</b>
<b>Resources expended</b>							
<i>Costs of generating funds:</i>							
Fundraising	8	835	0	835	1,003	0	1,003
Trading subsidiary	7	41	0	41	27	0	27
		<b>876</b>	<b>0</b>	<b>876</b>	<b>1,030</b>	<b>0</b>	<b>1,030</b>
<b>Resources expended on charitable activities</b>							
Representation and campaigning	8	586	285	871	668	284	952
Information	8	1,615	142	1,757	1,703	260	1,963
Training	8	615	400	1,015	801	422	1,223
Voluntary run branch activities	8	321	1,846	2,167	442	2,304	2,746
Hotels	8	1,790	62	1,852	1,675	91	1,766
<b>Total resources expended on charitable activities</b>		<b>4,927</b>	<b>2,735</b>	<b>7,662</b>	<b>5,289</b>	<b>3,361</b>	<b>8,650</b>
Governance	8	136	0	136	325	0	325
<b>Total resources expended</b>		<b>5,939</b>	<b>2,735</b>	<b>8,674</b>	<b>6,644</b>	<b>3,361</b>	<b>10,005</b>
<b>Net incoming resources before transfers</b>		<b>361</b>	<b>(489)</b>	<b>(128)</b>	<b>304</b>	<b>(1,149)</b>	<b>(845)</b>
Transfers between funds		0	0	0	(8)	8	0
<b>Net incoming resources/ (resources expended) before other recognised gains (losses)</b>		<b>361</b>	<b>(489)</b>	<b>(128)</b>	<b>296</b>	<b>(1,141)</b>	<b>(845)</b>

**ARTHRITIS CARE**  
**CONSOLIDATED STATEMENT OF FINANCIAL ACTIVITIES**

(Incorporating Income and Expenditure account) for the Year Ended 31 December 2005

	Notes	2005			2004		
		Unrestricted Funds £'000	Restricted Funds £'000	Total £'000	Unrestricted Funds £'000	Restricted Funds £'000	Total £'000
Net realised gains/(losses) on investment assets	10	21	9	30	(8)	29	21
<b>Net incoming/ (outgoing) resources plus realised gains/losses on investments</b>		382	(480)	(98)	288	(1,112)	(824)
Net unrealised gains on investment assets	10 & 18	167	140	307	80	75	155
Actuarial (losses)/ gains on defined benefit schemes	15	(297)	0	(297)	682	0	682
<b>Net movement in funds</b>		252	(340)	(88)	1,050	(1,037)	13
Fund balances brought forward at 1 January		3,438	5,223	8,661	2,388	6,260	8,648
<b>Fund balances carried forward at 31 December 2005</b>		<u>3,690</u>	<u>4,883</u>	<u>8,573</u>	<u>3,438</u>	<u>5,223</u>	<u>8,661</u>

## ARTHRITIS CARE CONSOLIDATED BALANCE SHEET

for the year ended 31 December 2005

	Notes	2005		2004	
		Group Total £'000	Charity Total £'000	Group Total £'000	Charity Total £'000
<b>Fixed assets</b>					
Tangible	9	3,930	3,930	3,984	3,984
Investments	10	2,788	2,788	2,520	2,520
		<u>6,718</u>	<u>6,718</u>	<u>6,504</u>	<u>6,504</u>
<b>Current assets</b>					
Stocks		22	15	30	22
Debtors and prepayments	11	711	714	1,437	1,444
Cash at bank and in hand	12	2,893	2,890	2,201	2,192
		<u>3,626</u>	<u>3,619</u>	<u>3,668</u>	<u>3,658</u>
<b>Creditors: amounts falling due within one year</b>	13	(610)	(608)	(644)	(639)
<b>Net current assets</b>		<u>3,016</u>	<u>3,011</u>	<u>3,024</u>	<u>3,019</u>
<b>Total assets less current liabilities</b>		9,734	9,729	9,528	9,523
<b>Creditors: amounts falling due after more than one year</b>	14	(225)	(225)	(253)	(253)
<b>Net assets excluding pension liability</b>		<u>9,509</u>	<u>9,504</u>	<u>9,275</u>	<u>9,270</u>
<b>Pension liability</b>	15	(936)	(936)	(614)	(614)
<b>Net assets including pension liability</b>		<u>8,573</u>	<u>8,568</u>	<u>8,661</u>	<u>8,656</u>
<b>Funds:</b>					
Restricted funds	16	4,883	4,883	5,223	5,223
Unrestricted funds					
Designated funds	17	2,937	2,937	2,706	2,706
General funds	17	753	748	732	727
<b>Total funds</b>		<u>8,573</u>	<u>8,568</u>	<u>8,661</u>	<u>8,656</u>

The financial statements on pages 14 to 34 were approved by the trustees on 8th May 2006 and signed on their behalf by:

T Oliver (Chair)

Roy Whithear (Treasurer)

# ARTHRITIS CARE

## CONSOLIDATED CASHFLOW STATEMENT

for the year ended 31 December 2005

	Notes	2005			2004		
		Unrestricted Funds £'000	Restricted Funds £'000	Total £'000	Unrestricted Funds £'000	Restricted Funds £'000	Total £'000
Net cash outflow from operating activities	A	1,163	(543)	620	(272)	(1,187)	(1,459)
Returns on investments and servicing of finance	B	30	102	132	13	104	117
Capital expenditure and investing activities	C	(75)	43	(32)	(37)	15	(22)
Financing	D	(29)	0	(29)	(49)	0	(49)
Decrease in cash	E & F	<u>1,089</u>	<u>(398)</u>	<u>691</u>	<u>(345)</u>	<u>(1,068)</u>	<u>(1,413)</u>

### NOTES TO CONSOLIDATED CASH FLOW STATEMENT

	2005			2004		
	£'000	£'000	£'000	£'000	£'000	£'000
<b>A Reconciliation of operating losses to net cash outflow from operating activities</b>						
Net (outgoing)/incoming resources	360	(489)	(129)	296	(1,141)	(845)
Net investment income	<u>(30)</u>	<u>(102)</u>	<u>(132)</u>	<u>(13)</u>	<u>(104)</u>	<u>(117)</u>
Changes in resources before revaluation	330	(591)	(261)	283	(1,245)	(962)
Less contributions from defined benefit scheme	0	0	0	(218)	0	(218)
Add back net pension service cost net of finance cost	25	0	25	377	0	377
Depreciation	107	48	155	94	58	152
Decrease/(increase) in stocks	8	0	8	(8)	0	(8)
Decrease/(increase) in debtors	726	0	726	(804)	0	(804)
(decrease)/Increase in creditors	(33)	0	(33)	4	0	4
Net cash (outflow) from operating activities	<u>1,163</u>	<u>(543)</u>	<u>620</u>	<u>(272)</u>	<u>(1,187)</u>	<u>(1,459)</u>
<b>B Returns on investments and servicing of finance</b>						
Interest and dividends received	64	102	166	32	104	136
Interest paid	<u>(34)</u>	<u>0</u>	<u>(34)</u>	<u>(19)</u>	<u>0</u>	<u>(19)</u>
Net cash inflow from returns on investment and servicing of finance	<u>30</u>	<u>102</u>	<u>132</u>	<u>13</u>	<u>104</u>	<u>117</u>
<b>C Capital expenditure and investing activities</b>						
Purchase of tangible fixed assets	(83)	(19)	(102)	(43)	(58)	(101)
Proceeds of sale of tangible fixed assets	0	0	0	0	0	0
Purchases of investments	(626)	(59)	(685)	(514)	(12)	(526)
Net (increase)/decrease of bank deposits, building society accounts and bonds	39	24	63	(11)	0	(11)
Proceeds from sale of investments	<u>595</u>	<u>97</u>	<u>692</u>	<u>531</u>	<u>85</u>	<u>616</u>
Net cash (outflow) from capital expenditure and investing activities	<u>(75)</u>	<u>43</u>	<u>(32)</u>	<u>(37)</u>	<u>15</u>	<u>(22)</u>

**ARTHRITIS CARE**  
**CONSOLIDATED CASHFLOW STATEMENT continued**  
for the year ended 31 December 2005

	2005			2004		
	Unrestricted Funds	Restricted Funds	Total	Unrestricted Funds	Restricted Funds	Total
	£'000	£'000	£'000	£'000	£'000	£'000
<b>D Financing</b>						
Finance lease payments	0	0	0	(6)	0	(6)
Repayment of long term loan	(29)	0	(29)	(43)	0	(43)
Net cash inflow/outflow) from financing	<u>(29)</u>	<u>0</u>	<u>(29)</u>	<u>(49)</u>	<u>0</u>	<u>(49)</u>
<b>E Reconciliation of net cash flow to movement in net cash funds</b>						
Increase (decrease) in cash in the period	1,089	(398)	691	(345)	(1,068)	(1,413)
Cash outflow/(inflow) from debt financing	29	0	29	49	0	49
Movement in cash funds in the year	<u>1,118</u>	<u>(398)</u>	<u>720</u>	<u>(296)</u>	<u>(1,068)</u>	<u>(1,364)</u>
Net cash funds as at 1 January 2005	(1,757)	3,657	1,900	(1,461)	4,725	3,264
Net cash funds as at 31 December 2005	<u>(639)</u>	<u>3,259</u>	<u>2,620</u>	<u>(1,757)</u>	<u>3,657</u>	<u>1,900</u>
<b>F Analysis of changes in net cash funds</b>						
	At 1 Jan 2005	Cash Flow	At 31 Dec 2005	At 1 Jan 2004	Cash Flow	At 31 Dec 2004
	£'000	£'000	£'000	£'000	£'000	£'000
<b>Restricted funds:</b>						
Held by branches	3,121	(470)	2,651	3,900	(779)	3,121
Held centrally	536	72	608	825	(289)	536
	<u>3,657</u>	<u>(398)</u>	<u>3,259</u>	<u>4,725</u>	<u>(1,068)</u>	<u>3,657</u>
<b>Unrestricted funds:</b>						
Held centrally	(1,456)	1089	(367)	(1,111)	(345)	(1,456)
Bank loan - repayable within one year	(48)	1	(47)	(47)	(1)	(48)
Bank loan - repayable after one year	(253)	28	(225)	(297)	44	(253)
Finance leases - repayable within one year	0	0	0	(6)	6	0
	<u>(1,757)</u>	<u>1,118</u>	<u>(639)</u>	<u>(1,461)</u>	<u>(296)</u>	<u>(1,757)</u>
<b>Net cash funds</b>	<u>1,900</u>	<u>720</u>	<u>2,620</u>	<u>3,264</u>	<u>(1,364)</u>	<u>1,900</u>

# ARTHRITIS CARE

## NOTES TO THE FINANCIAL STATEMENTS

for the year ended 31 December 2005

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### 1. Accounting policies

#### (a) Accounting convention

The financial statements of the group have been prepared under the historical cost convention, with the exception of investments which are included at market valuation and freehold properties which are included at valuation. The financial statements have been prepared in accordance with the Statement of Recommended Practice (SORP), *Accounting and Reporting by Charities* published in March 2005 and applicable accounting standards. Certain prior-year figures have been re-analysed due to early implementation of SORP 2005.

#### (b) Consolidation

The financial statements of the charity include the assets, liabilities, funds and income and expenditure of all the charity's local committees, branches and groups, as well as its UK office, regional services and hotels. The local committee, branch and group figures have been compiled from returns by local treasurers made up to 31 October 2005. The figures for the Arthritis Care Group comprise the charity and its subsidiary trading company, Arthritis Care (Trading) Limited.

Exemption under Section 230 of the Companies Act 1985 and paragraph 304 of the SORP has been applied and an individual profit and loss account of the parent company has not been prepared.

The deficiency of the parent company for the year was £88K (2004: £13K surplus).

#### (c) Company status

The charity is a company limited by guarantee and does not have a share capital. In the event of the charity being wound up, each member of the board and member of the charity guarantee to pay the sum of £1.

#### (d) Fund accounting

General funds are unrestricted funds which are available for use at the discretion of the trustees in furtherance of the general objectives of the charity and which have not been designated for other purposes. Designated funds comprise unrestricted funds that have been set aside by the trustees for particular purposes. The aim and use of each designated fund is set out in note 17.

Restricted funds are funds which have to be used in accordance with specific restrictions imposed by donors or which have been raised by the charity for particular purposes. The cost of raising and administering such funds are charged against the specific fund.

#### (e) Incoming resources

All incoming resources are included in the Statement of Financial Activities (SOFA) when the charity is legally entitled to the income and the amount can be quantified with reasonable accuracy.

(i) Legacy income is recognised when it is considered certain. In practice, legacies are accrued for when receipt is made in the first three months of the post balance sheet period.

(ii) Grants awarded, including grants for equipment are included in the financial statements at the time the grants are received or the conditions of the grants have been met.

#### (f) Depreciation of tangible fixed assets

Tangible fixed assets, with the exception of freehold land and buildings, are stated at cost and depreciated on a straight line basis at rates calculated to write off the cost over their expected useful economic lives as follows:

Freehold land	Nil
Freehold buildings	over 50 years
Office equipment	over 3 years
Motor vehicles	over 4 years
Self catering units	over 10 years

Freehold land and buildings are stated at valuation (see note 9 for further details).

With the exception of computer equipment, fixed assets with an individual cost of less than £3,000 are written off in the year of purchase.

Fixtures and fittings which have been fully depreciated, are written out of the accounts one year later.

## ARTHRITIS CARE

### NOTES TO THE FINANCIAL STATEMENTS

for the year ended 31 December 2005

#### (g) Stocks

Stock of goods for resale are stated at the lower of cost and net realisable value, after making allowance for obsolete and slow moving items.

#### (h) Listed investments

Listed investments are stated at market value at the balance sheet date. The SOFA includes the realised and unrealised gains and losses arising on disposals and revaluations throughout the year.

#### (i) Pension costs

The charity operates a defined benefits scheme on behalf of its employees. Pension contributions are charged to the income and expenditure account for the year in which they are payable to the scheme. The deficit of scheme assets over liabilities is recognised on the balance sheet with the movement in the year reflected as an actuarial gain/loss in the statement of financial activities. (For further information see note 15)

#### (j) Resources expended

All expenditure is accounted for on an accruals basis and has been summarised under activities. Where costs cannot be directly attributed to particular activities they have been allocated in proportion to the estimated usage that each activity makes of the resources using staff time as basis of apportionment.

(i) The cost of generating funds is the direct cost spent on fundraising activity including the trading company expenditure. A proportion of central support costs is allocated to the cost of generating funds.

(ii) Governance costs are the costs associated with the governance of the charity which relate to the general running of the charity as opposed to those costs associated with fundraising or charitable activity. Included within this category are costs associated with the strategic as opposed to day-to-day management of the charity's activities.

(iii) Support costs, which comprise general management, payroll administration, budgeting and accounting, information technology, human resources, facilities management and financing, are allocated across the categories of charitable expenditure, governance costs and the cost of generating funds. The basis of the allocation is as follows:

Cost allocation includes an element of judgment. The charity considered the cost/benefit of detailed calculations and the record keeping in deciding a basis for allocating support costs. The staff hours and therefore staff costs were deemed to be the most directly representative of how indirect costs are incurred. Support costs are allocated in two stages. Firstly, the costs are allocated on estimates of actual time spent on hotels and voluntary branch activities and governance. The balance is then allocated across all activities on the ratio of staff costs.

## 2. Voluntary income

	2005			2004		
	Unrestricted £'000	Restricted £'000	Total £'000	Unrestricted £'000	Restricted £'000	Total £'000
Direct mail	691	0	691	606	0	606
Legacies (refer to note 2 (a) )	2,784	23	2,807	3,182	173	3,355
Trusts	97	0	97	102	29	132
Other donations	646	16	662	639	90	729
	<u>4,218</u>	<u>39</u>	<u>4,257</u>	<u>4,529</u>	<u>292</u>	<u>4,821</u>

# ARTHRITIS CARE

## NOTES TO THE FINANCIAL STATEMENTS

for the year ended 31 December 2005

### 2a. Legacies

	2005			2004		
	Unrestricted £'000	Restricted £'000	Total £'000	Unrestricted £'000	Restricted £'000	Total £'000
Accrued legacies 1 January	(1,266)	0	(1,266)	(498)	0	(498)
Legacies received during year	3,476	23	3,499	2,414	173	2,587
Legacies accrued 31 December	574	0	574	1,266	0	1,266
	<u>2,784</u>	<u>23</u>	<u>2,807</u>	<u>3,182</u>	<u>173</u>	<u>3,355</u>

Ninety-six wills with an estimated value of £1,328K have not been recognised as we are unable to confirm the value with reasonable accuracy.

### 3. Activities for generating funds

	2005			2004		
	Unrestricted £'000	Restricted £'000	Total £'000	Unrestricted £'000	Restricted £'000	Total £'000
Merchandising (refer to note 7)	62	0	62	56	0	56
Events	79	0	79	105	0	105
	<u>141</u>	<u>0</u>	<u>141</u>	<u>161</u>	<u>0</u>	<u>161</u>

### 4. Investment income

	2005			2004		
	Unrestricted £'000	Restricted £'000	Total £'000	Unrestricted £'000	Restricted £'000	Total £'000
Short term deposits	3	0	3	3	0	3
Dividend income	20	0	20	23	0	23
Income from investments held by voluntary run branches (refer to note 5 (a))	0	102	102	0	104	104
Rental income	11	0	11	6	0	6
Deferred proceeds realised from sale of Carlysle House	30	0	30	0	0	0
	<u>64</u>	<u>102</u>	<u>166</u>	<u>32</u>	<u>104</u>	<u>136</u>

### 5. Incoming resources from charitable activities

	Representation & campaigning	Information	Training	Voluntary run Branch activities (note (5a))	Hotels	2005	2004
	£'000	£'000	£'000	£'000	£'000	£'000	£'000
Advertising	0	123	0	0	0	123	134
Publication sales	0	18	0	0	0	18	32
membership and subscription	0	279	0	0	0	279	322
Holiday sales	0	0	0	0	1,545	1,545	1,612
Grants and contracts	361	76	485	0	0	922	813
Donations	0	41	10	1,044	0	1,095	1,129
	<u>361</u>	<u>537</u>	<u>495</u>	<u>1,044</u>	<u>1,545</u>	<u>3,982</u>	<u>4,042</u>

**ARTHRITIS CARE**  
**NOTES TO THE FINANCIAL STATEMENTS**  
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**5a. Branches**

	2005	2004
	£'000	£'000
<b>Income</b>		
Membership	116	46
Branch donations	1,044	1,129
Legacies	23	173
Investment income	102	104
Total incoming resources	<u>1,285</u>	<u>1,452</u>
<b>Expenditure</b>		
Welfare	1,798	2,247
Depreciation	48	57
Total resources expended	<u>1,846</u>	<u>2,304</u>
Net (resources expended)	(561)	(852)
Net realised gains on investment assets	9	29
Net income and expenditure for the year	<u>(552)</u>	<u>(823)</u>
Net unrealised gains on investment assets	140	75
<b>Net movement in funds</b>	<u>(412)</u>	<u>(748)</u>
<b>Cost of supporting the voluntary-run branch network</b>	<u>319</u>	<u>440</u>

**6. Staff costs**

	2005	2004
	£'000	£'000
Emoluments of employees.		
Gross pay	3,326	3,311
Social security costs	218	259
Other pension costs	(45)	61
Current service cost	321	381
Other finance cost	0	(4)
Payments to agencies or similar for temporary help.	88	92
Compensation and redundancy	8	100
	<u>3,916</u>	<u>4,200</u>

One employee was paid emoluments in the band £60,000 to £69,999.

Two employees earned between £50,000 and £59,999.

All employees earning more than £50,000 participated in the pension scheme.

The average number of persons employed during the year was:

		Total	UK office	Regions	Hotels
Number of employees (2004: 232)	2005	221	52	81	88
Full-time equivalent	2005	158	49	50	59
	2004	164	45	56	63

## ARTHRITIS CARE NOTES TO THE FINANCIAL STATEMENTS

for the year ended 31 December 2005

### 7. Trading subsidiary

The charity has a wholly owned subsidiary, Arthritis Care (Trading) Limited, a company incorporated and registered in England. The principal activity of this company is the raising of funds through the sale of goods and services and corporate sponsorship. The net profit is gifted to the charity.

A summary of the results of the subsidiary is shown below:

	2005 £'000	2004 £'000
Turnover	63	56
Cost of sales	(38)	(24)
Gross profit	<u>25</u>	<u>32</u>
Expenses	(3)	(5)
Net profit	<u>22</u>	<u>27</u>
Amount covenanted to the charity	<u>(22)</u>	<u>(27)</u>
Profit on ordinary activities after taxation		
Reserves brought forward	5	5
Reserves carried forward	<u>5</u>	<u>5</u>

Current assets and liabilities of the subsidiary as at 31 December were as follows:

	2005 £'000	2004 £'000
<b>Current assets</b>		
Stock	6	7
Trade debtors	0	0
Other debtors	1	1
Cash	3	9
	<u>10</u>	<u>17</u>
<b>Creditors</b>		
Trade creditors	(1)	(3)
Other creditors	0	(1)
Amount due to parent undertaking	(4)	(8)
<b>Net current assets</b>	<u>(5)</u>	<u>(12)</u>
<b>Profit &amp; loss account</b>	<u>5</u>	<u>5</u>

Called up share capital is £252 (2004: £252)

The charity is exempt from corporation tax as all its income is applied to charitable purposes. There is no tax charge for the trading subsidiary as all taxable profits are paid to the parent charity by gift aid.

# ARTHRITIS CARE

## NOTES TO THE FINANCIAL STATEMENTS

for the year ended 31 December 2005

	Costs of generating funds	Trading Company	Representation and campaigning	Information	Training	Voluntary-run branches	Hotels	Governance	Support costs	2005 Total	2004 Total
	£'000	£'000	£'000	£'000	£'000	£'000	£'000	£'000	£'000	£'000	£'000
Staff pay (note 5)	283	0	460	704	485	237	1,071	61	615	3,916	4,200
Staff recruitment & training	1	0	3	3	1	0	4	0	93	105	95
Staff travelling	7	0	69	29	83	16	14	19	20	257	274
Volunteers expenses	2	0	4	27	39	0	0	0	0	72	89
Committee meetings	0	0	0	0	0	0	0	12	0	12	22
Trustee training	0	0	0	0	0	0	0	1	0	1	0
Trustee expenses	0	0	0	0	0	0	0	7	0	7	0
Postage and telephone	6	0	17	16	19	6	11	1	61	137	167
Office printing and stationery	2	0	9	10	10	1	13	1	29	75	98
Premises costs	0	0	22	13	12	3	78	2	18	148	217
Equipment costs	0	0	11	31	6	0	117	0	54	219	122
Advertising	5	0	5	2	10	0	10	0	0	32	73
Professional fees inc. audit	32	0	7	13	1	0	8	6	59	126	252
Database and IT outsourcing	42	0	0	30	0	30	0	0	39	141	174
Insurance	0	0	0	0	0	0	023	0	58	81	102
Publications production	31	0	3	311	1	0	0	0	1	347	346
Direct mail, legacy events & other	233	0	7	51	4	0	0	0	15	310	396
Purchases for resale	0	21	4	3	1	1	1	1	0	32	16
Catering	0	0	0	0	1	0	179	0	7	187	183
Other hotel direct costs	0	0	0	0	0	0	188	0	0	188	171
Health and safety	0	0	0	0	0	0	7	0	5	12	0
Branch expenses (note 4)	0	0	0	0	0	1,798	0	0	0	1,798	2,247
Depreciation	0	0	0	0	0	48	34	0	73	155	152
Overdraft interest	0	0	0	0	0	0	0	0	17	17	19
Course costs	0	0	2	1	93	0	0	0	0	97	191
Miscellaneous	1	20	84	(4)	(4)	(2)	17	(2)	92	202	399
	645	41	707	1,240	763	2,138	1,775	109	1,256	8,674	10,005
Support Costs	190	41	164	517	252	29	77	27	(1,256)	0	1,473
	835	41	871	1,757	1,015	2,167	1,852	136	0	8,674	

**ARTHRITIS CARE**  
**NOTES TO THE FINANCIAL STATEMENTS**  
for the year ended 31 December 2005

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**8. Resources expended on charitable activities continued**

	2005			2004		
	Unrestricted £'000	Restricted £'000	Total £'000	Unrestricted £'000	Restricted £'000	Total £'000
Depreciation charge on tangible fixed assets (owned)	107	48	155	94	58	152
Interest payable on bank loan	17	0	17	19	0	19
Operating lease costs land & buildings	0	0	0	74	0	74
Auditors remuneration for audit services	26	0	26	25	0	25

Trustees receive no remuneration for their services in that capacity. Thirteen trustees (2004: 14) have been reimbursed for travel expenses incurred whilst carrying out their activities as trustees at a cost of £7,082.38 (2004: £12,538)

Premiums of £12,984 were paid in the year (2004: £12,316) on a professional indemnity policy to protect the charity, trustees and employees from loss arising from neglect or defaults of the trustees or employees.

**ARTHRITIS CARE**  
**NOTES TO THE FINANCIAL STATEMENTS**  
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**9. Tangible fixed assets**  
Group and charity

	Unrestricted			Restricted			Group total £'000
	Properties freehold £'000	Fixtures & equipment £'000	Motor vehicles £'000	Leaseholds £'000	Self- catering units £'000	Fixtures & equipment £'000	
<b>Cost</b>							
At 1 January 2005	4,154	119	145	5	94	8	208
Additions	22	61	0	0	0	0	18
Disposals	0	0	0	0	0	0	(2)
Write off nil book values	0	0	0	0	(68)	0	0
At 31 December 2005	<u>4,176</u>	<u>180</u>	<u>145</u>	<u>5</u>	<u>26</u>	<u>8</u>	<u>224</u>
<b>Depreciation</b>							
At 1 January 2005	316	82	143	5	78	8	117
Charge for year	65	40	2	0	3	0	45
Disposals	0	0	0	0	0	0	(2)
Write off nil book values	0	0	0	0	(68)	0	0
At 31 December 2005	<u>381</u>	<u>122</u>	<u>145</u>	<u>5</u>	<u>13</u>	<u>8</u>	<u>160</u>
<b>Net book value</b>							
At 31 December 2005	<u>3,795</u>	<u>58</u>	<u>0</u>	<u>3,853</u>	<u>13</u>	<u>0</u>	<u>64</u>
At 31 December 2004	<u>3,837</u>	<u>37</u>	<u>2</u>	<u>3,877</u>	<u>17</u>	<u>0</u>	<u>90</u>

**Valuation of freehold properties**

Freehold properties were valued in 1999 and the transitional arrangements under FRS15 have been adopted. Hotels were valued in 1999 by Christies and Co chartered surveyors, valuers and agents on a resale basis. (Reviewed for impairment in 2003 by Christies & Co. There was no material change).  
Patterson Lodge was valued in 1999 by Meadows Chartered Surveyors on an open market value basis. (Reviewed in 2003 by Palmer Whitton & Laing chartered surveyors. Negotiations ongoing for subsequent sale at book value).  
The London Office was a directors' valuation based on the market value of a similar property on the same street.  
The trustees believe there has been no permanent diminution in value since this valuation.

**Fixed asset given as security for loan**

There is a fixed charge on the London Office at 18 Stephenson Way, NW1 2HD, securing the outstanding mortgage of £272,316.

# ARTHRITIS CARE

## NOTES TO THE FINANCIAL STATEMENTS

for the year ended 31 December 2005

### 9. Fixed asset investments

	Unrestricted		Restricted		Total 2005		Unrestricted		Restricted		Total 2005	
	Market value	Cost	Market value	Cost	Market value	Cost	Market value	Cost	Market value	Cost	Market value	Cost
	£'000	£'000	£'000	£'000	£'000	£'000	£'000	£'000	£'000	£'000	£'000	£'000
Quoted investments at market value:												
UK government securities	0	0	52	33	52	33	0	0	50	47	50	47
Other listed stocks and shares	1,231	1,004	1,351	971	2,582	1,975	1,011	890	1,242	1,081	2,253	1,971
	1,231	1,004	1,403	1,004	2,634	2,008	1,011	890	1,292	1,128	2,303	2,018
Bank deposits and building society accounts	11		143		154		50		167		217	
<b>Total for group</b>	<b>1,242</b>		<b>1,546</b>		<b>2,788</b>		<b>1,061</b>		<b>1,459</b>		<b>2,520</b>	
<b>Total for charity</b>	<b>1,242</b>		<b>1,546</b>		<b>2,788</b>		<b>1,061</b>		<b>1,459</b>		<b>2,520</b>	

The charity owns 100 per cent of the issued share capital with a nominal value of £252 in its subsidiary undertaking.

### Movement in quoted investments

	Unrestricted	Restricted	Total 2005
Market value as at 1 January 2005	1,011	1,292	2,303
Less: disposals at opening book value			
Proceeds	594	97	691
(Gain) / loss on sale	(21)	(9)	(30)
	573	88	661
Add:			
Acquisitions at cost	626	59	685
Net gains on revaluation	167	140	307
	793	199	992
<b>Market valuation as at 31 December 2004</b>	<b>1,231</b>	<b>1,403</b>	<b>2,634</b>

### 11. Debtors

	2005		2004	
	Unrestricted		Unrestricted	
	Group	Charity	Group	Charity
	£'000	£'000	£'000	£'000
Trade debtors	59	59	121	121
Accrued legacies	574	574	1,266	1,266
Tax recoverable	0	0	3	3
Other debtors	35	34	20	19
Amount due from subsidiary undertaking	0	4	0	8
Accrued income	43	43	27	27
<b>Total</b>	<b>711</b>	<b>714</b>	<b>1,437</b>	<b>1,444</b>

The figure for accrued income represents grants to be received for work already carried out. The figure for tax recoverable is the tax due for immediate repayment.

## ARTHRITIS CARE NOTES TO THE FINANCIAL STATEMENTS

for the year ended 31 December 2005

### 12. Cash at bank and in hand

	2005				2004			
	Unrestricted Funds	Restricted Funds	Group £'000	Charity £'000	Unrestricted Funds	Restricted Funds	Group £'000	Charity £'000
Local committees, branches & groups	0	2,651	2,651	2,651	0	3,121	3,121	3,121
Central office	(369)	608	239	239	(1,465)	536	(929)	(929)
Subsidiary undertaking	3	0	3	0	9	0	9	0
<b>Total</b>	<b>(366)</b>	<b>3,259</b>	<b>2,893</b>	<b>2,890</b>	<b>(1,456)</b>	<b>3,657</b>	<b>2,201</b>	<b>2,192</b>

#### Cash and bank

Arthritis Care has a cash pooling arrangement for all unrestricted and restricted balances held at the Natwest Bank. All balances are utilised to minimise finance cost. Cash pooling does not affect the delivery of restricted projects.

### 13. Creditors: amounts falling due within one year

	2005		2004	
	Unrestricted	Charity	Unrestricted	Charity
	Group £'000	£'000	Group £'000	£'000
Trade creditors	325	323	391	387
Other creditors	182	182	153	152
Bank loan repayable within one year	47	47	48	48
Accruals	56	56	52	52
<b>Total</b>	<b>610</b>	<b>608</b>	<b>644</b>	<b>639</b>

### 14. Creditors: amounts falling due after one year

	2005	2004
	Unrestricted	Unrestricted
	£'000	£'000
Group and Charity		
Bank loan	225	253

The bank loan is repayable over the remaining seven years of the original 20-year loan and secured by a legal mortgage over the property at 18 Stephenson Way, London. Interest is payable at 1.5 per cent over base rate.

# ARTHRITIS CARE

## NOTES TO THE FINANCIAL STATEMENTS

for the year ended 31 December 2005

### 15. Retirement benefits

The charity operates a defined benefit scheme, whose assets are held separately from those of the charity and are independently administered by the Pensions Trust. The open section of the scheme is contracted-out of the state scheme, whereas the closed section is contracted-in. The scheme provides benefits based on 1/60th of final pensionable pay multiplied by pensionable service in completed months and years and is fully funded. The last formal valuation of the scheme was performed as at 30th September 2003 by a professionally qualified actuary. The employer has paid contributions to the scheme at the rate of 13% of pensionable salaries over the accounting period. Members have contributed at the rate of 5% of pensionable salaries throughout the accounting period. Contributions to the scheme are charged so as to spread the cost of pensions over the employees' working lives with the charity.

Pension costs have been recognised in these accounts. The pension charge for the year was:

	£'000	
2005	275	being 13% of members' pensionable pay
2004	279	being 13% of members' pensionable pay

#### b) FRS 17 Retirement Benefits

The valuation used for FRS 17 has been based on the most recent actuarial valuation at 30 September 2003 updated to take account the requirements of FRS 17.

#### Financial assumptions

The financial assumptions used to calculate scheme liabilities under FRS 17 are as follows:

	at 31/12/05	at 31/12/04
	% pa	% pa
Inflation	2.50	2.50
Rate of increase in salaries	4.00	4.00
Rate of increase in pension payments	2.50	2.50
Discount rate	5.30	5.30

#### Scheme assets and expected rate of return

The assets in the scheme and the expected rate of return were:

	at 31/12/05		at 31/12/04	
	Fair value	Expected rate	Fair value	Expected rate
	£'000	%pa	£'000	%pa
Equities and property	3,065	7.75	2,543	8.00
Bonds	1,247	4.30	901	5.00
Other	62	4.50	42	4.25
<b>Total market value of assets</b>	<b>4,374</b>		<b>3,486</b>	
<b>Present value of scheme liabilities</b>	<b>(5,310)</b>		<b>(4,100)</b>	
<b>Deficit in the scheme and net pension liability</b>	<b>(936)</b>		<b>(614)</b>	
<b>Analysis of movement in deficit</b>				
Deficit at beginning of year	(614)	(1,137)		
Contributions paid by company	263	218		
Current service costs	(321)	(381)		
Other finance income	33	4		
Gain/(loss) in the year	(297)	682		
Deficit at end of year	<u>(936)</u>	<u>(614)</u>		

**ARTHRITIS CARE**  
**NOTES TO THE FINANCIAL STATEMENTS**  
for the year ended 31 December 2005

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**16. Restricted funds**

**UK-wide and national/regional funds**

Central and regional funds hold donations, grants and other income given for specific purposes. The balances represent amounts which have not been spent at the year end. Full details of funds can be found in Appendix A. Fund balances are supported by current assets.

**Local committee branches and group funds**

Local committee, branch and group funds are raised and controlled locally for services to people with arthritis in the local area. They are held as restricted funds with the approval of the Charity Commission. Fund balances are supported by cash, investments and fixed assets.

	Balance 1/1/05 £'000	Movement in funds Income      Expenditure £'000      £'000		Balance 31/12/05 £'000
<b>UK-wide and national/regional funds</b>				
Representation and campaigning	91	370	285	176
Information	188	122	142	168
Training	183	444	400	227
Hotels	69	25	62	32
	-----	-----	-----	-----
	531	961	889	603
<b>Local committee branch and group funds</b>	4,692	1,434	1,846	4,279
	-----	-----	-----	-----
<b>Restricted funds</b>	<u>5,223</u>	<u>2,395</u>	<u>2,735</u>	<u>4,883</u>

# ARTHRITIS CARE

## NOTES TO THE FINANCIAL STATEMENTS

for the year ended 31 December 2005

### 17. Unrestricted funds

	Balance	Movement in funds			Balance
	1/1/05	New designations	Utilised/ realised	Transfers	31/12/05
	£'000	£'000	£'000	£'000	£'000
<b>Designated</b>					
Contingency reserve	1,569	0	0	(572)	997
Capacity reserve	500	0	0	0	500
Cautionary reserve	684	0	0	0	684
Key projects & development reserve	200	0	0	0	200
Orton Rigg extension fund	367	0	(31)	(336)	0
Hotel maintenance fund	0	0	0	336	336
Training and information and branch activity programmes	0	117	(17)	120	220
Pension fund reserve	(614)	0	0	614	0
<b>Total designated funds</b>	<u>2,706</u>	<u>117</u>	<u>(48)</u>	<u>162</u>	<u>2,937</u>
General funds	732	6371	(6,188)	(162)	753
<b>Charity unrestricted funds</b>	<u>3,438</u>	<u>6,488</u>	<u>6,236</u>	<u>0</u>	<u>3,690</u>

Designated reserves are set at levels which correspond to the organisation's policy on reserves. The policy and reserves levels are reviewed on a regular basis.

#### Contingency reserve

The fund is set at a level of reserves required to discharge liabilities in the event of closure. These liabilities include £911K which is the valuation of the final salary scheme pension fund deficit. This offsets the pension fund reserve disclosed below.

#### Capacity reserve

This fund is set at a working capital level which will allow the organisation to stabilise and to re-establish adequate reserves.

#### Cautionary reserve

This reserve is to allow the organisation to continue its operations in the event of changes in levels of activity, income streams and other political, social, environmental and technological factors

#### Key projects and developments

To hold reserves of an adequate nature to fund projects at the end of externally funded lives and to take advantage of opportunities and pilot new projects.

#### Orton Rigg extension fund

This fund comprises the net proceeds, plus interest from the sale of Waring Bowen House together with other funds allocated for the extension of Orton Rigg hotel in Poole in Dorset. The extension will no longer be built, so the trustees have re-designated the funds to support the maintenance of all hotels.

#### Hotel support fund

The fund has been set for general maintenance of all the four hotels.

#### Training and information programmes

This reserve supports continuing internally funded projects that straddle the financial year.

#### Pension fund

This fund provides for the surplus/(deficit) disclosed under FRS17 (Accounting for retirement benefits.) When in deficit, an equivalent amount is included in the contingency reserve detailed above. This reserve is set at a level to discharge the liabilities in the event of closure. The pension fund has been closed as the pension deficit is included in the balance sheet.

## ARTHRITIS CARE NOTES TO THE FINANCIAL STATEMENTS

for the year ended 31 December 2005

### 18. Analysis of group net assets between funds

	Unrestricted Funds £'000	Restricted Funds £'000	Total Funds £'000
<b>Fund balances at 31 December are represented by:</b>			
Tangible fixed assets	3,853	77	3,930
Investments	1,242	1,546	2,788
Current assets :			
Stock and debtors	733	0	733
Cash & bank	(366)	3,259	2,893
	note (i)		
Current liabilities	(610)	0	(610)
Long term liabilities	(225)	0	(225)
Net assets	<u>4,627</u>	<u>4,882</u>	<u>9,509</u>
<b>Unrealised gains included above:</b>			
On tangible fixed assets	0	0	0
On investment assets (see below)	<u>227</u>	<u>399</u>	<u>626</u>
	<u>227</u>	<u>399</u>	<u>626</u>
<b>Reconciliation of movements in unrealised gains on investment assets:</b>			
Unrealised gains at 1 January 2005	121	74	195
Deduct in respect of disposals in year	(61)	185	124
	<u>60</u>	<u>259</u>	<u>319</u>
Add: Net gains arising on revaluations in year	167	140	307
Unrealised gains at 31 December 2005	<u>227</u>	<u>399</u>	<u>626</u>

There is a surplus of £999K (2004: £428K deficit) of liquid resources available for the core work of the charity made up of the excess of unrestricted investments and current assets over current liabilities.

Apart from designations of £2,937K, the charity now has £753K (2004:£732K) of general funds.

## ARTHRITIS CARE

### NOTES TO THE FINANCIAL STATEMENTS

for the year ended 31 December 2005

#### 19. Operating leases

The company has annual obligations under operating leases as follows:

	2005	2004
Land and buildings	£'000	£'000
Expiring in less than 1 year	29	18
Expiring between 2 and 5 years	6	19

#### 20. Patterson Lodge

The charity is a member holding one £1 share of the Arthritis Care Abbeyfield (Devon) Society Ltd, an Industrial and Provident Society registered on 20th January 1995 under the Industrial and Provident Societies Act 1965 to manage Patterson Lodge as sheltered accommodation for people who have arthritis. Until February 2004 the charity was not a member of the Committee of Management of the society and as such did not exercise any measure of control. On this basis, the Trustees do not consider the society to represent an associated undertaking and therefore have not included the financial statements of the society (available for inspection at the Financial Services Authority, in the consolidated financial statements of the group. Since the society's annual general meeting, which took place February 2004, the charity's treasurer and Director of England have been appointed to the management committee. The charity's company secretary has been appointed company secretary of the society. This had been done as a short-term measure due to the resignation of the voluntary management committee. The intention behind the nominations is not to exercise control, but to ensure ongoing management of the sheltered accommodation until a long-term solution is implemented. As there is no intention to control the society and also that the levels of income and net assets of the society are not material to the accounts of Arthritis Care, they have not been consolidated.

#### 21. Statutory grants and training contracts received

During the year the following discretionary statutory grants were received nationally and are included in service areas under 'Activities in furtherance of the charity's objects'.

	2005
	£'000
NI- Dept of Health and Social Services & Public Safety (Children's Fund)	11
MTCBC GENERAL A C MTCBC	15
NI- Dept of Health and Social Services & Public Safety, Executive Programme Fund	4
NI- Dept of Health and Social Services & Public Safety	4
NI- Lisburn Health & Social Care Group	5
NI- South & East Belfast Health and Social Services Trust	5
NI- Health & Social Services Board	5
NI- Dept of Health and Social Services & Public Safety, Childrens fund	9
NI - Dept of Health and Social Services & Public Safety , PIPPA Project	7
KEN&N Primary Care Trust	7
Newcastle Primary Care Trust	1
West Wiltshire Primary Care Trust	6
119106-Lloyds TSB (Walsal) -119106	5
NEIN200503-120797-INF0/MA	4
RHEUMA SLOVENIA17-2-05	3
Nottingham Prevention Grant	7
Watford & 3 Rivers Primary Care Trust	8
Dacorum Primary Care Trust	5
The Scottish Executive Section 9	36
The Scottish Executive Social Work 10	13
Flintshire County Council	5
The Shaw Trust	15
Greater Glasgow Health Board	20
Merthyr Tydfil County Borough Council Key Fund	15
Caerphilly Local Health Board	7
Neath Port Talbort Council for Voluntary Service	6
<b>Subtotal carried forward</b>	<b>228</b>

**ARTHRITIS CARE**  
**NOTES TO THE FINANCIAL STATEMENTS**  
for the year ended 31 December 2005

<b>Subtotal brought forward</b>	<b>228</b>	
Carmanthenshire County Council	3	
Denbighshire County Council	11	
Caerphilly County Borough Council	9	
Aerdeenshire Council	2	
East Dunbartonshire Council	2	
Forth Valley NHS Board	5	
NHS Lothian	2	
Nottinghamshire County Council	8	
Job Centre Plus DWP ESF Grant	128	
Lincolnshire County Council	2	
Lloyds TSB Foundation for England and Wales	5	
MS Society	23	
	<u>228</u>	428
Discretionary grants received from pharmaceutical companies:		
Pfizer	100	
NAPP	45	
Abbott	10	
Wyeth	20	
	<u>175</u>	175
Grants and income received for:		
People with Arthritis and Rheumatism in Europe (PARE) <sup>1</sup>		
-Wyeth	88	
-Roche	34	
-RUDER FINN	33	
-Merck	30	
-Novartis	13	
European League Against Rheumatism (EULAR) (Funded mainly by pharmaceutical companies)	10	
	<u>208</u>	208
		<u><b>811</b></u>

Total statutory grants and training contracts received in 2004 was £438K.  
A full list can be seen in the Annual Report and Accounts 2005.

<sup>1</sup> PARE is a EULAR project, operationally administered by Arthritis Care. The project works to raise standards of care throughout Europe.

## APPENDIX A

### Restricted central and regional funds

Project	Opening balance at 31/12/04	Income	Expenditure	Closing balance at 31/12/05
<b>Representation and campaigning</b>				
NI - Policy and campaigns volunteers	2,936	7,595	10,319	212
Big Lottery Fund MK/1/010085979	(7,226)	121,827	40,759	73,842
PARE manifesto	65,378	231,248	204,384	92,242
International organisation for youth	2,942	299	1,180	2,061
Community Planning Scotland	9,249	0	4,304	4,944
Infrastructure project reallocation	17,513	8,580	23,568	2,525
<b>Representation and campaigning total</b>	<u>90,791</u>	<u>369,549</u>	<u>284,514</u>	<u>175,826</u>
<b>Information</b>				
Central England health information point	(663)	3,824	1,477	1,684
NICE COXIBS Review	119,798	0	0	119,798
META-Analysis & Report	10,000	0	0	10,000
NAPP Fund	0	41,000	38,100	2,900
Northern Ireland - Information Point	(117)	25,764	22,149	3,498
Northern Ireland TSB - Information Point	6,543	0	3,843	2,700
Information Service Provision Scotland	746	13,270	10,858	3,157
SCVIO-Scotland Voluntary Information Outreach	28,433	14,205	42,638	0
SD CHAT 2 Teachers	3,517	0	3,517	0
South East England Information Project	5,102	7,513	223	12,391
South West England - Website Mgt Contract	1,078	0	1,078	0
Lloyds TSB Information Point	1,724	1,455	2,224	955
Wales Volunteering	0	10,000	773	9,227
Young Persons Helpline	1,000	0	1,000	0
Infrastructure project reallocation	10,727	5,255	14,436	1,546
<b>Information total</b>	<u>187,888</u>	<u>122,285</u>	<u>142,315</u>	<u>167,857</u>
<b>Training</b>				
CA – Challenging Arthritis	8,058	0	7	8,051
Nottingham Prevention Grant	4,485	0	4,485	0
Greater Derby NHS Primary Care Trust	6,835	0	2,858	3,977
John Avins Trust	500	0	500	0
Wolverhampton Rheumatology Group	1,134	0	1,134	0
City of Worcestershire Comm service	1,107	0	1,107	0
CA – Awards for All	0	2,500	1,222	1,278
Nottingham Prevention Grant	0	6,921	3,743	3,178
Lincs County Council	0	435	435	0
North East Links	0	1,750	1,750	0
Christies Care	0	835	0	835
Central England – East of England ESF	3,750	127,996	100,682	31,064
CHAT Alliance	6,890	0	6,890	0
Empowering People Wales -BLF MF232519 WLS	4,101	0	4,101	0
Florence Turner Trust (Leicester)	0	500	0	500
LONDP-SE-BLF London Development Project	1,465	0	1,465	0
North East England-Back to Work	0	14,635	14,635	0
Newcastle Primary Care Trust	8,644	2,172	10,816	0
Tameside & Glossop Primary Care Trust	2,992	0	2,992	0
West Lancashire Primary Care Trust	2,000	0	2,000	0
North Bradford Primary Care Trust	10,528	0	10,528	0
North East England Regional Committee	(248)	10,200	2,000	7,952
Hull & East Riding Support Group	4,858	0	497	4,360
Wrightinton Self Help	500	0	500	0
Chorley Borough council	600	0	600	0
Southport Branch	0	0	0	0
Bradford South & West Primary Care Trust	6,500	0	6,500	0
<i>Training total carried forward</i>	<u>74,699</u>	<u>167,943</u>	<u>181,446</u>	<u>61,196</u>

## APPENDIX A

### Restricted central and regional funds

Project	Opening balance at 31/12/04	Income	Expenditure	Closing balance at 31/12/05
<i>Training total brought forward</i>	74,699	167,943	181,446	61,196
Spinal Injuries Association	(210)	0	(210)	0
Shaw Trust BTWP	0	16	16	0
Northwich Branch	0	350	350	0
Leeds Hospital	0	3,725	3,725	0
Sheffield University	0	251	251	0
West Lancashire Primary Care Trust	0	2,200	2,200	0
North Regional Branch and ALC	0	300	0	300
Loxley House	0	350	0	350
Wear Valley Branch	0	500	0	500
Leeds and Holbeck Branch	0	180	0	180
Darlington Branch	0	500	0	500
Pilkington Trust	0	4,000	0	4,000
NE Blackburn with Darwen	3,783	0	289	3,494
Northern Ireland Challenging Arthritis misc	292	0	0	292
Northern Ireland (DHSS & PS Ref. 410)	887	0	887	0
Northern Ireland Training DHSS & PS	(3,355)	3,868	513	0
NI Northern Ireland Health SS Board	0	3,375	6,108	(2,733)
NI South East Belfast	0	2,059	2,119	(61)
Northern Ireland - DHSS & PSCF	(6,240)	30,936	26,382	(1,686)
Northern Ireland Positive Future Workshop	11,105	0	10,949	157
Positive Futures – South East	767	0	0	767
Challenging Arthritis Scotland misc	(5,502)	0	(5,480)	(22)
Dumfries & Galloway	28,233	0	4,159	24,074
West Lothian Council	1,958	0	1,985	(27)
Appletree Trust	1,000	0	1,000	0
D & G Highlands Islands	11,325	0	906	10,419
Aberdeenshire Council	0	80	80	0
Gannochy Trust	1,104	0	1,104	0
Edinburgh	250	0	250	0
SBAAT	3,702	0	71	3,632
East Dumbarton	1,433	0	0	1,433
Jeffrey Charitable Trust	1,659	0	1,659	0
Greater Glasgow HB	(4,884)	30,250	17,554	7,812
Aberdeenshire Council	2,400	0	270	2,130
West Lothian Healthcare Trust	2,000	0	2,000	0
Russell Trust	500	151	651	0
Forth Valley HB	4,720	0	4,720	0
Perth Branch	2,000	0	2,000	0
Angus Council	500	0	500	0
MS Society	0	1,275	1,377	(102)
Aberlour Bowling Club	0	0	100	(100)
Gordon Fraser Charitable Trust	500	0	500	0
CHAT - Gill Murray	500	0	0	500
Cupar Floral Art Club	0	1,000	2,451	(1,451)
Hugh Fraser Foundation	0	3,000	4,374	(1,374)
Orkney Branch	0	1,000	1,000	0
Appletree Trust	0	1,000	1,000	0
Aberdeenshire Council	0	1,800	0	1,800
Falkirk Council	0	1,800	240	1,560
West Lothian Healthcare	0	2,000	70	1,930
East Dumbarton Council	0	1,500	0	1,500
N Massey Charity Trust	0	1,800	0	1,800
Forth Valley NHS Trust	0	4,839	0	4,839
Shetland Branch	0	250	250	0
<i>Training total carried forward</i>	135,128	272,298	279,818	127,608

## APPENDIX A

### Restricted central and regional funds

Project	Opening balance at 31/12/04	Income	Expenditure	Closing balance at 31/12/05
<i>Training total brought forward</i>	135,128	272,298	279,818	127,608
North Berwick Ladies Circle	0	360	486	(126)
Miss Agnes Hunter	0	6,000	0	6,000
Nairn branch	0	2,000	2,000	0
Wilson family	0	820	0	820
Ladbrokes	0	1,800	0	1,800
Management in West Lothian	0	2,000	0	2,000
Doune and Dunblane	0	300	0	300
SCSE3 Scottish Executive Section 9	(3,314)	35,777	33,869	(1,406)
Merton and Morden	1,935	2,397	4,332	0
Bedford Branch	753	208	961	0
Banstead & Sutton	(513)	0	(513)	0
Dacorum Primary Care Trust	(680)	0	(680)	0
Watford and 3 Rivers Primary Care Trust	2,878	0	2,878	(0)
Glaxo SmithKline	500	0	500	0
The Thompson Fund	1,250	0	0	1,250
Action For Health Programme	0	5,000	5,000	0
St Marys Ladies Festival	0	500	0	500
Dacorum Primary Care Trust	0	3,311	3,311	0
Watford & 3 Rivers Primary Care Trust	0	3,311	3,311	0
Bridport Legacy	3,650	0	124	3,526
Bath Property	2,965	0	0	2,965
South Wiltshire Primary Care Trust	2,961	0	2,961	0
Kennet & North Wiltshire Primary Care Trust	2,046	0	2,046	0
West Wiltshire Primary Care Trust	5,138	0	5,138	0
Salisbury ACES - YCBTPC	641	0	641	0
Kennet & North Wiltshire Primary Care Trust	6,522	0	6,522	0
South Wiltshire Primary Care Trust	4,000	0	4,000	0
West Wiltshire Primary Care Trust	5,486	0	5,486	0
Regional Committee	794	0	0	794
Bath Bristol Wiltshire	0	0	274	(274)
North Wilts & Kennet	0	7,446	752	6,695
West Wiltshire Primary Care Trust	0	5,596	24	5,572
SW England Challenging Pain	0	4,480	5,092	(612)
Challenging Arthritis Wales misc	0	1,419	0	1,419
URHLC	3,138	7,860	0	10,998
Powys Association of Vol Orgs	0	0	3,808	(3,808)
David Jones Memorial Fund	761	0	0	761
CAVS LRF - Camarthenshire	101	0	0	101
Pembrokeshire LHB Pain Cycle	371	564	38	897
Caerphilly Local Health Board	1,024	0	277	747
South Pembrokeshire	1,809	0	1,024	784
Bargoed Branch - TRBPC	1,500	0	1,809	(309)
Wrexham Community Devpt Fund	0	0	1,500	(1,500)
Denbighshire Council	2,456	0	0	2,456
Bargoed Branch YCBPC	0	1,500	2,456	(956)
Denbighshire Council	0	10,235	615	9,620
Caerphilly LHB	0	3,136	3,578	(442)
Neath Port Talbot CVS	0	4,335	3,489	846
Merthyr Tydfil CBC Key Fund	0	15,228	4,335	10,893
Flintshire County Council	0	4,815	1,208	3,607
Carmarthenshire County Council	0	1,510	141	1,369
Pembrokeshire County Council	0	650	363	287
Kids with Arthritis	0	0	458	(458)
Wales - Self Help Group	0	273	273	0
<i>Training total carried forward</i>	183,298	405,126	393,700	194,724

## APPENDIX A

### Restricted central and regional funds

Project	Opening balance at 31/12/04	Income	Expenditure	Closing balance at 31/12/05
<i>Training total brought forward</i>	183,298	405,126	393,700	194,724
Young people & families South West	0	1,030	0	1,030
Lloyds TSB Foundation for England & Wales				
Young people & families	0	30,554	118	30,436
Beatrice Laing Trust - Young people & families	0	5,000	0	5,000
Infrastructure project reallocation	0	2,268	6,229	(3,961)
<b>Training total</b>	<u>183,298</u>	<u>443,978</u>	<u>400,047</u>	<u>227,229</u>
<b>Hotels</b>				
Amenity Ac Burnlea	3,352	2,660	8,601	(2,590)
Amenity Ac Lovatt Lodge	4,012	7,379	8,209	3,182
Amenity Ac New Mayfair	8,036	5,672	3,010	10,698
Amenity Ac Orton Rigg	3,408	3,453	7,106	(245)
Building Fund Burnlea Hotel	969	0	0	969
Building Fund Lovat Lodge	5,968	0	11,479	(5,510)
Building Fund New Mayfair	0	312	0	312
Building Fund Orton Rigg	27,482	5,450	22,875	10,057
Central Hotel Funds	(190)	0	0	(190)
Extension Orton Rigg	2,550	0	0	2,550
Holiday Grant Fund	250	0	0	250
Transport fund Burnlea	21	0	0	21
Transport fund Lovat Lodge	979	150	0	1,129
Transport fund New Mayfair	6,861	0	0	6,861
Transport ac Orton Rigg	5,304	0	768	4,536
<b>Hotels total</b>	<u>69,002</u>	<u>25,076</u>	<u>62,049</u>	<u>32,029</u>
<b>Infrastructure projects</b>				
England Central Equipment	2,759	0	1,759	1,000
England Central Miscellaneous	571	0	571	0
England North Miscellaneous	6,049	2,750	8,448	351
Northern Ireland Equipment	239	0	232	7
Northern Ireland Miscellaneous	8,169	0	8,083	86
Scotland Miscellaneous	7,451	0	7,451	0
Scottish Exec.Soc.Work10	338	13,081	13,401	18
South East England Equipment	17	170	0	187
England South East Miscellaneous	0	102	0	102
England South West Miscellaneous	2,988	0	0	2,988
Wales Miscellaneous	4,287	0	4,289	(2)
reallocated to representation & campaigning	(17,513)	(8,580)	(23,568)	(2,525)
reallocated to information	(10,727)	(5,255)	(14,436)	(1,546)
reallocated to training	(4,629)	(2,268)	(6,229)	(668)
<b>Infrastructure project total</b>	<u>(0)</u>	<u>(0)</u>	<u>0</u>	<u>(0)</u>
<b>Restricted project total</b>	<u>530,979</u>	<u>960,887</u>	<u>888,926</u>	<u>602,939</u>

## APPENDIX B

### Branches

The figures may vary from branch financial returns due to application of standard accounting procedures on balance sheet items, elimination of inter company items and adjustments made for non coterminus return periods.

Name	Opening funds as at 01/11/04	Receipts	Payments	Asset changes and adjustments	Closing funds as at 30/10/05
	£	£	£	£	£
A.C.T Burton On Trent	2,832.57	4,049.29	5,488.92	550.90	1,943.84
Aberdeen	817,874.57	9,889.00	21,128.00	90,291.43	896,927.00
Abertillery	637.30	0.00	637.30	0.00	0.00
Aberystwyth	1,203.97	1,349.60	1,096.23	0.00	1,457.34
AC Preston	0.00	433.74	118.46	0.00	315.28
AC Self Help Group Kilmarnock	188.82	0.00	0.00	-188.82	0.00
Acton & Ealing	1,808.61	0.00	1,808.61	0.00	0.00
Airdrie	2,384.26	0.00	0.00	-2,384.26	0.00
Airedale & Dist. Support Group	1,458.41	377.21	519.48	0.00	1,316.14
Alford & District	2,304.01	2,412.00	1,576.00	-0.66	3,139.35
Alnwick	2,454.45	2,396.00	2,105.00	-4.62	2,740.83
Alton & District	13,577.34	6,114.31	7,961.97	0.00	11,729.68
Altrincham & District	7,897.28	4,854.00	3,255.00	82.03	9,578.31
Amble & District Self Help	31.48	0.00	31.48	0.00	0.00
Amesbury And District	559.21	0.00	0.00	-559.21	0.00
Ammanford	1,550.18	1,453.24	642.53	-2,360.89	0.00
Annan & District	10,203.92	0.00	10,203.92	0.00	0.00
Arbroath	1,432.66	2,857.93	2,128.37	11.96	2,174.18
Armagh	3,310.00	2,197.00	1,958.00	-442.00	3,107.00
Ashby De La Zouch	7,779.70	1,235.00	2,607.00	-0.17	6,407.53
Ashford	7,515.00	3,322.00	2,763.00	0.00	8,074.00
Atherton	5,116.55	1,338.00	1,825.00	-0.87	4,628.68
Aughton	1,334.41	0.00	1,334.41	0.00	0.00
Axe Valley Charabanc Group	1,459.46	12,170.35	12,020.16	343.58	1,953.23
Aylesbury Vale	1,315.24	2,419.50	1,407.50	0.00	2,327.24
Badenoch	-22.30	0.00	-22.30	0.00	0.00
Ballycastle	1,211.30	1,404.54	972.12	-615.12	1,028.60
Ballymena	1,025.10	0.00	1,025.10	0.00	0.00
Ballymoney	1,295.08	1,373.97	1,503.10	0.00	1,165.95
Banbridge	8,795.59	6,781.03	5,272.87	0.00	10,303.75
Banchory	2,722.67	5,387.28	5,021.91	348.80	3,436.84
Bangor Self Help Group	566.01	142.00	112.00	-333.37	262.64
Banstead & Sutton	44,528.41	3,784.00	10,299.00	-254.64	37,758.77
Bargoed	2,262.00	0.00	2,262.00	0.00	0.00
Barrow-In-Furness	24,398.38	1,928.00	4,197.00	-87.38	22,042.00
Barry	4,872.58	550.27	2,038.78	220.68	3,604.75
Basildon & District	2,080.16	0.00	2,080.16	0.00	0.00
Bathgate	3,655.72	2,323.20	2,434.42	0.00	3,544.50
Bebington	2,011.13	0.00	2,011.13	0.00	0.00
Bedford	4,574.08	0.00	4,574.08	0.00	0.00
Belfast East	9,510.15	1,283.00	2,302.00	0.17	8,491.32
Belfast Self Help Group	2,259.90	241.74	360.00	-0.43	2,141.21
Belfast South	40.15	0.00	40.15	0.00	0.00
Belfast South East	636.00	1,197.00	1,155.00	-595.87	82.13
Beverley And District	3,387.65	3,586.12	2,883.57	-10.40	4,079.80
Bexley & District	11,034.50	23,972.00	24,464.00	-218.14	10,324.36
Billericay	1,659.00	1,252.00	1,360.00	14.00	1,565.00
Bingham & District	9,869.30	6,990.00	4,828.00	-0.30	12,031.00
Birmingham Central	11,275.00	390.00	293.00	0.39	11,372.39
Birmingham South West	4,624.00	4,829.00	3,701.00	0.46	5,752.46
Bishopbriggs	6,495.10	0.00	0.00	-6,495.10	0.00
Blackburn & Darwen	11,132.43	8,488.00	9,429.00	-0.20	10,191.23
Blackpool & Fylde	36,479.49	23,090.00	22,499.00	-0.49	37,070.00
Blairgowrie	663.14	0.00	663.14	0.00	0.00
Blandford	4,873.71	2,820.00	3,149.00	30.14	4,574.85
Blyth	253.25	0.00	253.25	0.00	0.00
<b>Subtotal carried forward</b>	<b>1,114,398.08</b>	<b>160,681.32</b>	<b>203,777.82</b>	<b>77,341.60</b>	<b>1,148,643.18</b>

## APPENDIX B

### Branches (continued)

Name	Opening funds as at 01/11/04 £	Receipts £	Payments £	Asset changes and adjustments £	Closing funds as at 30/10/05 £
<b>Subtotal brought forward</b>	<b>1,114,398.08</b>	<b>160,681.32</b>	<b>203,777.82</b>	<b>77,341.60</b>	<b>1,148,643.18</b>
Bodmin/Wadebridge	1,323.00	0.00	1,323.00	0.00	0.00
Bognor Regis	3,362.18	0.00	3,362.18	0.00	0.00
Bolton Central	10,929.65	20,262.00	20,640.00	-0.15	10,551.50
Bolton Jubilee	3,190.06	0.00	0.00	-3,190.06	0.00
Bo'ness	1,104.00	0.00	0.00	-1,104.00	0.00
Borders Self Help	2,208.00	176.60	326.00	-0.80	2,057.80
Bourne	1,139.00	0.00	1,139.00	0.00	0.00
Bournemouth & Poole	18,655.00	0.00	18,655.00	0.00	0.00
Bracknell	4,692.45	0.00	4,692.45	0.00	0.00
Bradford	7,524.43	2,177.00	3,960.00	80.67	5,822.10
Bradford Mid-Way Support Group	350.58	0.00	350.58	0.00	0.00
Braintree	2,480.07	1,949.00	1,490.00	0.36	2,939.43
Bridgnorth & District Shg	1,346.25	409.73	594.58	0.00	1,161.40
Bridgwater	1,800.00	1,267.00	1,284.00	20.00	1,803.00
Bridlington & District	8,956.90	4,868.00	4,338.00	-26.90	9,460.00
Bridport	15,055.00	20,669.35	9,399.65	-11,311.04	15,013.66
Brierley Hill	315.20	0.00	315.20	0.00	0.00
Brighton Sash	940.92	1,602.18	1,151.19	0.00	1,391.91
Bristol (Marksbury Road)	1,119.29	0.00	1,119.29	0.00	0.00
Bristol And Glos	2,711.53	0.00	65.88	0.00	2,645.65
Bristol North	769.87	3,716.12	2,163.40	0.00	2,322.59
Bristol South	4,879.67	0.00	4,879.67	0.00	0.00
Bristol West	2,844.89	0.00	0.00	-2,844.89	0.00
Brixham	2,411.02	0.00	0.00	-2,411.02	0.00
Buchan Central	2,659.00	1,760.94	2,675.68	0.00	1,744.26
Burgess Hill & District	2,560.84	0.00	0.00	-2,560.84	0.00
Burnham On Sea	12,064.00	4,698.43	4,827.60	-10.22	11,924.61
Burnley	3,452.71	0.00	3,452.71	0.00	0.00
Burscough/Ormskirk	10,277.00	7,453.00	10,280.00	150.00	7,600.00
Bury St Edmunds	4,461.35	1,911.64	1,744.17	0.00	4,628.82
Bury St Edmunds Young Arthritis Group	1,030.29	507.50	255.48	0.00	1,282.31
Buxton & District	1,154.26	0.00	1,154.26	0.00	0.00
Caernarfon & District	4,191.79	4,127.06	4,897.83	9.94	3,430.96
California Farm	2,150.79	1,119.63	1,268.15	-15.00	1,987.27
Callander	1,089.53	6,318.54	5,048.11	-262.29	2,097.67
Camborne	432.03	0.00	432.03	0.00	0.00
Cambs Suffolk	610.72	218.03	338.60	0.00	490.15
Campbeltown	1,272.82	1,010.78	853.16	-6.00	1,424.44
Cannock & District/ N Birmingham Yac	9,410.00	5,777.03	6,209.67	-127.63	8,849.73
Cardiff	3,297.00	0.00	3,297.00	0.00	0.00
Carlisle Support Group	1,470.97	0.00	1,470.97	0.00	0.00
Carmarthen	2,476.26	0.00	2,476.26	0.00	0.00
Carrickfergus	1,902.01	3,291.10	2,779.57	0.00	2,413.54
Central Arthritis Self-Help	1,441.91	635.53	1,100.30	0.00	977.14
Central England Committee	37,633.71	93,718.00	22,853.52	723.78	109,221.97
Central Fife & Tayside	802.76	391.96	934.36	0.00	260.36
Chandlers Ford & Eastleigh	3,426.00	1,182.00	1,764.00	272.64	3,116.64
Chatham And District	10,662.17	18,797.09	3,338.38	0.23	26,121.11
Chelmsford	2,095.31	2,018.00	1,672.00	-99.31	2,342.00
Chelsea	1,128.26	0.00	1,128.26	0.00	0.00
Cheltenham	5,609.00	0.00	5,609.00	0.00	0.00
Chessington And Hook	4,081.64	11,197.44	10,204.20	0.00	5,074.88
Chester	7,348.09	15,810.16	13,727.11	-271.52	9,159.62
Chichester	2,979.89	0.00	2,979.89	0.00	0.00
Chilterns	298.49	0.00	298.49	0.00	0.00
Chingford	4,235.00	0.00	4,235.00	0.00	0.00
Chippenham	2,175.00	14,852.00	14,962.00	0.00	2,065.00
Chorley	6,493.12	0.00	0.00	-6,493.12	0.00
Christchurch & District	20,054.00	3,329.00	4,076.00	-4,952.00	14,355.00
<b>Subtotal carried forward</b>	<b>1,390,934.76</b>	<b>417,903.16</b>	<b>427,370.65</b>	<b>42,912.43</b>	<b>1,424,379.70</b>

## APPENDIX B

### Branches (continued)

Name	Opening funds as at 01/11/04 £	Receipts £	Payments £	Asset changes and adjustments £	Closing funds as at 30/10/05 £
<b>Subtotal brought forward</b>	<b>1,390,934.76</b>	<b>417,903.16</b>	<b>427,370.65</b>	<b>42,912.43</b>	<b>1,424,379.70</b>
Churchdown	3,819.00	721.00	1,514.00	0.00	3,026.00
Clacton On Sea	21,923.00	13,721.00	11,954.00	0.00	23,690.00
Clevedon	684.46	1,397.43	1,384.67	-30.00	667.22
Cleveland North	3,253.58	5,046.00	4,901.00	0.42	3,399.00
Cleveland South	5,878.63	1,705.40	2,639.19	30.00	4,974.84
Clydach	5,640.89	6,771.00	6,569.00	0.16	5,843.05
Clydebank	8,361.06	1,592.60	1,592.60	-266.47	8,094.59
Coatbridge	1,310.34	618.46	804.65	116.19	1,240.34
Cockermouth	4,500.00	0.00	0.00	-4,500.00	0.00
Coleraine	2,825.65	0.00	0.00	-2,825.65	0.00
Condorrat/Kilsyth	3,901.94	0.00	0.00	-3,901.94	0.00
Cookstown	17,557.52	4,471.43	4,508.40	202.33	17,722.88
Coventry & District	9,625.00	2,291.00	2,514.00	741.00	10,143.00
Crawley	4,133.16	0.00	4,133.16	0.00	0.00
Crickhowell & District	2,024.07	936.00	1,681.00	-0.04	1,279.03
Cromer & Sheringham	1,308.00	0.00	1,308.00	0.00	0.00
Crowborough	4,323.23	738.16	1,042.56	8.00	4,026.83
Cumbernauld	3,739.00	12,915.42	6,970.05	0.70	9,685.07
Cumbria	3,271.71	0.00	3,271.71	0.00	0.00
Cwmbran	0.00	0.00	0.00	0.00	0.00
Darlington	5,346.45	1,544.00	1,984.00	-321.45	4,585.00
Dawlish/Teignmouth	10.00	0.00	10.00	0.00	0.00
Deal	11,274.92	2,942.00	5,009.00	276.91	9,484.83
Denbigh & District	2,062.13	2,202.49	3,882.50	0.00	382.12
Dengie Hundred Branch	1,190.68	0.00	0.00	-1,190.68	0.00
Derby	21,588.32	0.00	21,588.32	0.00	0.00
Derby/Notts	109.07	180.00	216.00	58.85	131.92
Dersingham	588.39	0.00	588.39	0.00	0.00
Devizes	12,253.49	2,062.72	3,064.10	-150.96	11,101.15
Devon	2,410.02	0.00	2,410.02	0.00	0.00
Dewsbury	1,321.00	0.00	1,321.00	0.00	0.00
Dingwall	4,728.37	2,209.00	2,511.00	26.63	4,453.00
Donaghadee	339.75	0.00	0.00	-339.75	0.00
Dorchester	4,502.95	0.00	4,502.95	0.00	0.00
Dorset	23.25	0.00	0.00	-23.25	0.00
Doone And Dunblane	2,948.56	2,512.59	3,151.56	-19.63	2,289.96
Dover	27,762.92	8,863.53	5,454.46	-12.12	31,159.87
Droitwich & District	308.91	0.00	308.91	0.00	0.00
Duddon Support Group	331.90	0.00	331.90	0.00	0.00
Dudley	1,414.64	3,597.60	3,500.09	0.00	1,512.15
Dumfries	5,842.00	5,548.00	5,365.00	35.00	6,060.00
Dundee Self-Help Group	943.93	0.00	943.93	0.00	0.00
Dungannon	3,553.82	2,535.00	3,471.00	1,111.65	3,729.47
Duns & District Self-Help	900.83	0.00	900.83	0.00	0.00
East Kilbride	3,116.34	2,138.66	1,630.10	0.00	3,624.90
East London Asian	1,866.21	289.31	893.95	0.00	1,261.57
East Sutherland	1,308.00	0.00	1,308.00	0.00	0.00
Eastbourne	19,150.80	8,857.00	12,215.00	-0.80	15,792.00
Eden Valley	240.63	0.00	0.00	-240.63	0.00
Edgware	2,987.00	1,983.00	1,869.00	50.00	3,151.00
Edinburgh	2,804.00	8,273.00	9,797.00	0.00	1,280.00
Edinburgh North	0.00	0.00	0.00	0.00	0.00
Edinburgh, Lothian & Scottish	257.00	1.00	0.00	0.00	258.00
Edmonton	2,417.44	1,372.00	1,282.00	-0.44	2,507.00
Egremont AC Support Group	677.50	1,027.41	1,264.44	0.30	440.77
Elgin & Lossiemouth	2,649.37	0.00	0.00	-2,649.37	0.00
Ellon & District	2,485.64	0.00	2,485.64	0.00	0.00
Eltham	312.00	0.00	0.00	-312.00	0.00
E-Mash	750.72	6,169.80	2,172.84	0.00	4,747.68
<b>Subtotal carried forward</b>	<b>1,651,793.95</b>	<b>535,136.17</b>	<b>589,591.57</b>	<b>28,785.39</b>	<b>1,626,123.94</b>

## APPENDIX B

### Branches (continued)

Name	Opening funds as at 01/11/04 £	Receipts £	Payments £	Asset changes and adjustments £	Closing funds as at 30/10/05 £
<b>Subtotal brought forward</b>	<b>1,651,793.95</b>	<b>535,136.17</b>	<b>589,591.57</b>	<b>28,785.39</b>	<b>1,626,123.94</b>
Enfield	3,181.00	742.38	1,847.13	-132.00	1,944.25
Enniskillen	7,268.00	5,626.00	4,721.00	1.00	8,174.00
Epsom & Ewell	11,413.00	0.00	11,413.00	0.00	0.00
Exeter	11,318.62	3,462.48	3,789.83	-0.06	10,991.21
Exmouth	67,593.15	4,309.63	5,950.51	0.00	65,952.27
Falmouth	2,478.10	0.00	2,478.10	0.00	0.00
Felixstowe	3,772.00	4,986.00	3,707.00	201.00	5,252.00
Ferndown	62,956.00	11,296.00	11,483.00	-53,795.57	8,973.43
Fleetwood	2,020.12	1,443.00	933.00	-0.12	2,530.00
Folkestone	11,650.28	0.00	11,650.28	0.00	0.00
Forest Of Dean	9.67	0.00	9.67	0.00	0.00
Forres & District	2,260.00	0.00	2,260.00	0.00	0.00
Fraserburgh	1,905.00	875.16	1,344.29	0.00	1,435.87
Gainsborough	2,978.04	708.73	977.39	-26.00	2,683.38
Gateshead	1,176.68	6,890.00	5,609.00	-0.68	2,457.00
Glasgow Central A.S.H.	562.61	0.00	562.61	0.00	0.00
Glasgow East	15,006.31	1,954.00	3,268.00	-0.50	13,691.81
Glasgow North	368,946.24	23,514.87	33,195.63	30,981.08	390,246.56
Glasgow South	172,713.00	16,763.00	55,401.00	22,094.00	156,169.00
Glasgow South West	36,313.91	6,020.00	6,178.00	-571.91	35,584.00
Glasgow West	12,403.71	0.00	0.00	-12,403.71	0.00
Glenrothes South	2,689.48	0.00	0.00	-2,689.48	0.00
Gloucester	4,862.97	4,817.49	5,040.00	-34.33	4,606.13
Goole & Dist Ac Support Group	749.67	0.00	749.67	0.00	0.00
Grantham	5,010.00	1,999.00	1,866.00	0.00	5,143.00
Grantown-On-Spey & District	3,298.58	2,885.91	3,154.00	78.30	3,108.79
Grayshott	4,038.10	3,134.60	4,061.06	211.00	3,322.64
Great Yarmouth Arthritis Group	511.45	0.00	511.45	0.00	0.00
Greenock	3,926.39	5,704.00	6,828.00	-0.39	2,802.00
Grimsby & Cleethorpes	8,916.00	10,260.00	9,094.00	-3,775.00	6,307.00
Guernsey	12,070.00	1,644.00	2,692.00	0.00	11,022.00
Halton & District	12,673.61	2,885.00	5,859.00	-30.61	9,669.00
Hamilton	727.94	0.00	727.94	0.00	0.00
Hampshire	100.44	0.00	0.00	-100.44	0.00
Harrogate	16,109.01	6,992.50	6,265.31	-1,393.09	15,443.11
Hartlepool & District	1,571.60	2,398.00	3,175.00	-0.60	794.00
Hastings	4,654.89	7,821.09	6,062.51	5,331.67	11,745.14
Havant	2,830.00	1,668.00	2,359.00	0.00	2,139.00
Haverfordwest	6,865.21	20,193.24	9,568.74	702.36	18,192.07
Hawick	984.17	1,057.43	793.86	115.30	1,363.04
Haywards Heath & Dist	2,074.66	2,393.04	1,773.52	-41.18	2,653.00
Heanor & District	1,664.45	0.00	1,664.45	0.00	0.00
Helensburgh	20,541.00	2,666.00	4,380.00	887.00	19,714.00
Helston	826.33	0.00	826.33	0.00	0.00
Heref/Warcs/Worcs	297.19	0.00	0.00	0.00	297.19
Hereford	9,104.00	1,790.00	3,137.00	-1.00	7,756.00
Herne Bay	557.91	0.00	557.91	0.00	0.00
Herts/Essex	2,614.00	3,221.00	3,001.00	0.00	2,834.00
Heysham	5,774.62	1,503.00	6,283.00	-404.62	590.00
Hexford	903.74	168.91	304.48	0.00	768.17
Highland Islands And Grampian	462.00	282.00	312.00	0.00	432.00
Hinckley & District Self Help	2,875.69	4,529.47	2,708.57	-0.10	4,696.49
Hornchurch	2,692.00	1,374.00	1,190.00	50.00	2,926.00
Horsham	4,993.59	0.00	0.00	-4,993.59	0.00
Hucknall	562.60	0.00	562.50	-0.10	0.00
Huddersfield	810.35	0.00	810.35	0.00	0.00
Huddersfield Midway Support Gp	810.35	535.49	624.83	0.00	721.01
Hull & East Riding Ac Support	5,415.58	907.30	5,438.35	0.00	884.53
Hull (Kingston Upon Hull)	9,087.40	3,101.00	2,484.00	-0.40	9,704.00
<b>Subtotal carried forward</b>	<b>2,614,376.36</b>	<b>719,658.89</b>	<b>861,235.84</b>	<b>9,042.62</b>	<b>2,481,842.03</b>

## APPENDIX B

### Branches (continued)

Name	Opening funds as at 01/11/04 £	Receipts £	Payments £	Asset changes and adjustments £	Closing funds as at 30/10/05 £
<b>Subtotal brought forward</b>	<b>2,614,376.36</b>	<b>719,658.89</b>	<b>861,235.84</b>	<b>9,042.62</b>	<b>2,481,842.03</b>
Hurst Green	3,389.00	1,716.00	2,351.00	-230.00	2,524.00
Hyndburn & District	4,733.79	9,408.00	8,425.00	-0.79	5,716.00
Ilford	8,089.86	1,326.53	3,330.15	210.45	6,296.69
Ilfracombe	1,085.21	0.00	1,085.21	0.00	0.00
Ilkley & District	11,553.67	11,135.44	7,481.11	0.00	15,208.00
Inverness & District	4,049.31	1,180.00	1,020.18	-1,559.66	2,649.47
Inverurie & District	3,900.06	1,631.58	2,264.66	0.00	3,266.98
Ipswich	10,326.63	6,809.00	4,689.00	-360.63	12,086.00
Isle Of Axholme	2,155.32	2,607.35	2,218.50	284.23	2,828.40
Isle Of Harris	1,546.02	534.22	645.75	0.00	1,434.49
Isle Of Sheppey	7,120.88	0.00	7,120.88	0.00	0.00
Isle Of Wight	73,351.00	6,053.00	12,260.00	56.00	67,200.00
Islington & Hackney	15,797.00	847.00	842.00	40.00	15,842.00
Islwyn	353.00	0.00	353.00	0.00	0.00
Ivel	1,093.08	0.00	1,093.08	0.00	0.00
Jersey	103,709.01	3,964.00	3,052.00	39.94	104,660.95
Johnstone	767.61	3,433.20	2,679.49	-34.90	1,486.42
Jointz Parents Yac Group	7,125.81	8,367.78	3,225.17	0.00	12,268.42
Kendal	2,720.40	0.00	0.00	-2,720.40	0.00
Kent	326.52	11.36	0.00	0.00	337.88
Kettering	4,550.58	3,558.66	3,023.24	-394.57	4,691.43
Kidderminster Self Help Group	5,193.97	241.63	621.32	0.00	4,814.28
Kilkeel	1,525.29	1,187.00	1,058.00	-19.97	1,634.32
Kings & Dulwich	1,199.40	0.00	1,199.40	0.00	0.00
Kings Lynn	6,139.61	4,648.95	5,527.58	0.06	5,261.04
Kingston Upon Thames	808.20	0.00	0.00	-808.20	0.00
Kirkby In Ashfield	3,274.50	4,443.17	4,793.47	-2,526.26	397.94
Kirkby Stephen Support Group	271.61	0.00	271.61	0.00	0.00
Kirkcaldy	1,992.00	1,320.00	1,662.00	0.08	1,650.08
Kirriemuir	3,012.80	1,505.82	1,490.50	0.00	3,028.12
Lambeth	16,639.59	1,581.96	5,126.27	0.00	13,095.28
Lampeter	2,079.53	335.76	499.08	1,422.41	3,338.62
Lancashire/Cumbria	2,024.23	878.00	1,834.00	-0.01	1,068.22
Lancaster	1,869.49	2,764.67	1,112.59	-100.70	3,420.87
Larne	416.70	804.00	824.00	0.12	396.82
Lea Valley	34,314.21	5,144.65	5,407.63	-28,018.80	6,032.43
Leamington Spa	29,650.70	2,349.19	8,499.93	10.00	23,509.96
Leeds	5,784.95	2,007.71	2,928.48	-622.66	4,241.52
Leic/Northants/Ru	157.00	557.00	337.81	0.67	376.86
Leith	303.65	0.00	303.65	0.00	0.00
Leominster	1,102.63	0.00	1,102.63	0.00	0.00
Levenmouth	338.04	0.00	338.04	0.00	0.00
Lichfield	8,974.20	3,762.92	2,445.85	-1,146.31	9,144.96
Limavady	2,361.76	0.00	2,361.76	0.00	0.00
Lincoln	6,187.00	1,884.00	779.00	0.00	7,292.00
Lincolnshire	23.97	258.30	69.80	0.21	212.68
Linwood	443.53	0.00	0.00	-443.53	0.00
Lisburn	1,082.00	3,320.00	1,948.00	1.00	2,455.00
Lisnaskea	1,113.25	12,080.36	10,362.15	0.00	2,831.46
Littlehampton/Rustington	9,732.00	0.00	9,732.00	0.00	0.00
Llanelli Arthritis Self Help Group	0.00	432.00	742.91	1,121.84	810.93
London Area Liaison Committee	0.00	16.02	39.33	480.43	457.12
Long Eaton	3,014.00	1,457.00	875.00	-10.00	3,586.00
Lothian AC Self Help Group	975.00	0.00	975.00	0.00	0.00
Louth & District	4,055.33	3,671.40	4,150.10	280.06	3,856.69
Ludlow Arthritis Care	43.41	0.00	43.41	0.00	0.00
Luton & District	8,448.00	2,884.00	3,362.00	-1.00	7,969.00
Lymm	79.82	0.00	79.82	0.00	0.00
Lytham St Annes	1,507.01	0.00	1,507.01	0.00	0.00
<b>Subtotal carried forward</b>	<b>3,048,258.50</b>	<b>841,777.52</b>	<b>1,012,806.39</b>	<b>(26,008.27)</b>	<b>2,851,221.36</b>

## APPENDIX B

### Branches (continued)

Name	Opening funds as at 01/11/04 £	Receipts £	Payments £	Asset changes and adjustments £	Closing funds as at 30/10/05 £
<b>Subtotal brought forward</b>	<b>3,048,258.50</b>	<b>841,777.52</b>	<b>1,012,806.39</b>	<b>(26,008.27)</b>	<b>2,851,221.36</b>
Maghera	805.62	1,637.23	1,525.98	0.00	916.87
Magherafelt	5,917.27	2,870.15	3,006.04	269.56	6,050.94
Maidenhead	7,688.08	921.00	1,989.00	-1,222.92	5,397.16
Maidstone & District	1,724.13	0.00	1,724.13	0.00	0.00
Maldon	4,383.99	0.00	4,383.99	0.00	0.00
Manchester South	5,905.18	16,558.01	15,996.36	0.00	6,466.83
Mansfield	283.60	0.00	283.60	0.00	0.00
Mercia Hydrotherapy Group	2,680.00	5,063.00	3,348.00	-184.00	4,211.00
Mere Self Help Group	110.00	0.00	110.00	0.00	0.00
Merthyr Tydfil	4,564.21	4,416.68	3,382.44	-100.23	5,498.22
Merton & Morden	5,264.93	9,187.39	10,911.23	0.00	3,541.09
Mid-Way Support Grp Yorkshire	1,092.87	583.00	523.00	0.00	1,152.87
Milford-On-Sea	3,521.66	1,685.00	2,191.34	656.00	3,671.32
Milton Keynes	1,904.18	18.79	10.00	0.00	1,912.97
Mittham	12.05	0.00	12.05	0.00	0.00
Montrose	919.98	1,752.98	1,120.57	0.00	1,552.39
Morpeth	777.16	1,678.77	1,119.58	0.00	1,336.35
Musselburgh	5,396.33	1,626.37	3,221.47	279.85	4,081.08
Nairn & District	236,123.00	25,102.00	27,684.00	10,133.00	243,674.00
Neath & District	12,924.00	3,360.00	6,352.00	0.00	9,932.00
New Malden	5,841.10	2,294.00	1,853.00	-264.10	6,018.00
New Milton	1,148.00	0.00	1,148.00	0.00	0.00
Newark & District	14,971.72	1,117.35	1,773.59	127.50	14,442.98
Newcastle (County Down)	1,419.32	3,935.00	4,329.00	6.00	1,031.32
Newcastle City	16,429.22	12,809.21	10,915.53	-12,534.45	5,788.45
Newcastle Emlyn	1,536.17	0.00	1,536.17	0.00	0.00
Newcastle West	3,998.63	0.00	3,998.63	0.00	0.00
Newham	4,795.00	1,647.00	3,566.00	0.00	2,876.00
Newmarket	7,246.43	4,351.03	4,411.50	21.00	7,206.96
Newquay	378.99	0.00	378.99	0.00	0.00
Newry	344.94	0.00	344.94	0.00	0.00
Newton Abbot	60,053.95	3,807.60	6,277.80	36.15	57,619.90
Newton Stewart	5,664.00	4,871.00	4,055.00	0.00	6,480.00
Newtownabbey	1,540.06	3,204.00	2,179.00	0.02	2,565.08
Newtownards	2,948.86	557.00	770.00	35.82	2,771.68
Norfolk	265.91	260.00	384.00	37.09	179.00
North Birmingham Yac Group	1,272.99	0.00	1,272.99	0.00	0.00
North East	746.38	1,877.50	2,211.72	0.00	412.16
North East Northern Ireland	0.00	0.00	0.00	0.00	0.00
North England Committee	21,365.65	34,525.71	23,502.98	822.90	33,211.28
North Staffs Self-Help	2,988.88	4,273.53	3,941.74	127.99	3,448.66
North Tyneside	4,951.10	0.00	4,951.10	0.00	0.00
North Wales	333.45	98.00	70.00	-0.45	361.00
North Walsham	49,419.87	4,534.19	7,583.02	-2,509.86	43,861.18
North West	1,225.33	426.00	680.00	-133.28	838.05
North West (N.I.) (Londonderry)	2,757.15	1,010.85	1,642.11	0.00	2,125.89
North West Sutherland	99.48	279.52	159.11	0.00	219.89
Northampton	40,180.00	6,570.28	18,811.31	-15,000.08	12,938.89
Northampton Link Group	5,389.27	4,454.39	4,379.81	0.00	5,463.85
Northern Ireland Committee	48,266.47	7,256.00	22,280.00	0.41	33,242.88
Northwich	5,518.31	6,588.00	7,793.00	-105.17	4,208.14
Norwich	7,389.88	0.00	7,389.88	0.00	0.00
Nottingham	2,356.22	0.00	2,356.22	0.00	0.00
Nth.Notts Arthritis Self Help	4,462.82	4,410.47	4,643.45	0.00	4,229.84
Nuneaton & Bedworth S.H.G.	851.00	167.00	302.00	0.00	716.00
Oldham Branch	0.00	791.35	1,050.33	12,400.41	12,141.43
Omagh	4,866.20	4,850.58	3,185.10	0.04	6,531.72
Orkney	13,919.48	12,600.87	11,992.66	-0.40	14,527.29
Oswestry Self Help Hydrotherapy	3,301.00	5,762.85	4,895.56	-177.49	3,990.80
<b>Subtotal carried forward</b>	<b>3,700,499.97</b>	<b>1,057,568.17</b>	<b>1,284,716.41</b>	<b>(33,286.96)</b>	<b>3,440,064.77</b>

## APPENDIX B

### Branches (continued)

Name	Opening funds as at 01/11/04 £	Receipts £	Payments £	Asset changes and adjustments £	Closing funds as at 30/10/05 £
<b>Subtotal brought forward</b>	<b>3,700,499.97</b>	<b>1,057,568.17</b>	<b>1,284,716.41</b>	<b>(33,286.96)</b>	<b>3,440,064.77</b>
Oystermouth	965.84	0.00	965.84	0.00	0.00
Paisley	1,784.00	5,472.00	5,400.00	0.00	1,856.00
Peacehaven	3,172.65	0.00	3,172.65	0.00	0.00
Peebles & District	3,976.92	7,678.00	5,979.00	1,038.08	6,714.00
Penarth	9,056.00	0.00	9,056.00	0.00	0.00
Penrith	126.52	0.00	126.52	0.00	0.00
Perth	5,250.06	0.00	5,250.06	0.00	0.00
Peterborough	4,412.68	0.00	4,412.68	0.00	0.00
Peterhead & District	1,802.00	1,362.00	908.00	131.41	2,387.41
Peterlee & District	122.50	0.00	122.50	0.00	0.00
Pinner	4,749.82	2,157.00	2,150.00	-84.69	4,672.13
Pitlochry	836.12	0.00	836.12	0.00	0.00
Plym Arthritis Care Self Help	12,733.75	10,572.14	9,521.16	168.76	13,953.49
Plymouth	26,054.00	3,306.00	2,845.00	-21.00	26,494.00
Pontefract & District	9,923.76	10,039.60	8,017.73	165.67	12,111.30
Pontypool & District	1,653.70	0.00	0.00	-1,653.70	0.00
Pontypridd	6.65	0.00	6.65	0.00	0.00
Portadown	1,050.03	3,085.00	2,278.00	20.01	1,877.04
Porthmadog	948.15	2,330.00	1,234.00	-0.30	2,043.85
Potters Bar	8,041.00	2,705.00	3,133.00	-73.00	7,540.00
Prestatyn	900.56	0.00	900.56	0.00	0.00
Preston	9,266.48	0.00	9,266.48	0.00	0.00
Reading	5,916.94	0.00	5,916.94	0.00	0.00
Redditch	270.94	759.55	421.45	0.00	609.04
Reigate & District Support Grp	3,514.13	2,298.00	2,657.00	49.70	3,204.83
Rhymney	663.81	0.00	663.81	0.00	0.00
Richmond Upon Thames	12,007.00	0.00	12,007.00	0.00	0.00
Ripon	30.94	0.00	30.94	0.00	0.00
Rochdale	3,368.56	105.04	1,550.91	141.00	2,063.69
Rochford	1,663.45	0.00	0.00	-1,663.45	0.00
Romford	14,895.99	11,167.00	12,496.00	0.01	13,567.00
Romsey	7,938.00	4,821.00	4,280.00	0.00	8,479.00
Rossendale	1,253.01	0.00	1,253.01	0.00	0.00
Rushden & Higham	2,363.43	3,802.54	2,454.45	-0.10	3,711.42
Rutherglen And District	10,304.59	0.00	10,304.59	0.00	0.00
Ryburn Valley	3,333.30	456.06	679.80	0.00	3,109.56
Salisbury	11,564.83	2,765.00	4,670.00	-498.26	9,161.57
Scarborough	9,222.79	3,450.00	3,045.00	7.21	9,635.00
Scotland Committee	17,401.27	5,196.77	2,988.06	80.72	19,690.70
Scotland West And Solway	2,304.00	1.00	50.00	-367.00	1,888.00
Scunthorpe	1,564.89	4,538.00	3,736.00	3,005.11	5,372.00
Sevenoaks	658.69	0.00	658.69	0.00	0.00
Shepton Mallet	5,784.01	2,588.00	3,316.00	-0.01	5,056.00
Shetland	7,794.34	5,239.58	3,401.25	-139.46	9,493.21
Shiplay	1,197.90	1,375.00	1,811.00	0.10	762.00
Shrewsbury	733.71	0.00	733.71	0.00	0.00
Shrops/Staffs	3,785.26	140.00	228.09	0.00	3,697.17
Sittingbourne	2,727.57	0.00	2,727.57	0.00	0.00
Skegness	9,197.56	4,526.00	4,805.00	501.23	9,419.79
Skelmersdale	2,385.87	772.15	1,485.52	99.60	1,772.10
Sleaford	4,707.00	2,029.81	1,675.76	49.81	5,110.86
Solihull	2,659.00	0.00	2,659.00	0.00	0.00
Somerset	970.17	0.00	0.00	-970.17	0.00
Somerton	1,841.00	890.92	881.86	0.00	1,850.06
South East Northern Ireland	0.00	0.00	0.00	0.00	0.00
South East Wales	573.91	0.00	573.91	0.00	0.00
South Forest Self Help Group	2,564.71	2,802.95	1,963.92	0.00	3,403.74
South Man Arthritis Self Help	2,009.68	0.00	0.00	-2,009.68	0.00
South Manchester Support Group	685.08	0.00	685.08	0.00	0.00
<b>Subtotal carried forward</b>	<b>3,967,190.49</b>	<b>1,165,999.28</b>	<b>1,457,109.68</b>	<b>(35,309.36)</b>	<b>3,640,770.73</b>

## APPENDIX B

### Branches (continued)

Name	Opening funds as at 01/11/04 £	Receipts £	Payments £	Asset changes and adjustments £	Closing funds as at 30/10/05 £
<b>Subtotal brought forward</b>	<b>3,967,190.49</b>	<b>1,165,999.28</b>	<b>1,457,109.68</b>	<b>(35,309.36)</b>	<b>3,640,770.73</b>
South Queensferry	2,104.54	0.00	2,104.54	0.00	0.00
South Shields	3,187.52	6,319.00	5,665.00	-0.52	3,841.00
South West Eng Regional Committee	47,551.76	0.00	0.00	-47,551.76	0.00
South West Walc	599.69	0.00	599.69	0.00	0.00
Southampton	10,691.00	4,641.00	6,273.00	3,239.00	12,298.00
South-East England Committee	49,313.00	60,459.00	39,567.00	-406.00	69,799.00
Southport & District	5,002.61	1,959.73	4,079.45	-151.62	2,731.27
Spalding	2,646.00	958.00	1,117.00	0.00	2,487.00
St Albans	19,231.00	1,859.00	3,128.00	116.00	18,078.00
St Albans Yac Group	779.05	0.00	779.05	0.00	0.00
St Andrews	3,702.56	4,382.15	2,903.08	-4.96	5,176.67
St Austell & District	3,195.15	0.00	3,195.15	0.00	0.00
St Helens	1,416.04	3,004.26	3,032.37	0.00	1,387.93
St Heots/Huntingdon	2,493.67	0.00	2,493.67	0.00	0.00
St Ives & District	6,254.18	3,325.00	3,454.00	-45.78	6,079.40
St Ives Branch	122.58	0.00	122.58	0.00	0.00
Stafford	8,011.56	3,005.00	4,263.00	0.13	6,753.69
Stamford	4,825.14	3,153.00	3,388.00	-19.89	4,570.25
Stockport And District	2,797.34	0.00	2,797.34	0.00	0.00
Stoke On Trent	1,678.00	0.00	1,678.00	0.00	0.00
Stonehaven	5,084.00	4,052.84	2,500.36	50.12	6,686.60
Stonehouse	384.00	0.00	384.00	0.00	0.00
Street	3,134.96	0.00	3,134.96	0.00	0.00
Stretford	3,021.65	0.00	3,021.65	0.00	0.00
Stroud	8,863.57	16,267.13	14,833.10	1,449.80	11,747.40
Surrey & Sussex	194.28	0.00	194.28	0.00	0.00
Swadlincote	3,587.18	0.00	3,587.18	0.00	0.00
Swansea	2,549.21	1,689.00	2,482.00	49.80	1,806.01
Swindon Self-Help Group	524.04	0.00	524.04	0.00	0.00
Swindon South	4,144.64	0.00	4,144.64	0.00	0.00
Syston	1,872.00	1,793.00	2,168.00	48.13	1,545.13
Tain	2,164.03	0.00	2,164.03	0.00	0.00
Tameside Arthritis Group (Tag)	397.47	0.00	397.47	0.00	0.00
Tamworth	5,220.00	0.00	5,220.00	0.00	0.00
Taunton	57,613.64	28,594.00	19,921.00	0.61	66,287.25
Teesdale	3,277.36	6,149.00	5,464.00	-98.29	3,864.07
Telford & Wreckin	2,167.29	0.00	2,167.29	0.00	0.00
Tewkesbury	1,447.81	0.00	1,447.81	0.00	0.00
Thamesmead	2,083.78	554.12	992.72	32.59	1,677.77
Thanet West	21,476.61	4,299.00	5,443.00	-215.52	20,117.09
Thetford	2,761.00	1,166.00	1,055.00	-140.00	2,732.00
Thornton Cleveleys	1,517.39	8,873.59	5,807.43	0.00	4,583.55
Thurso	2,459.76	0.00	2,459.76	0.00	0.00
Tiverton/Bampton	5,438.36	0.00	5,438.36	0.00	0.00
Torquay & Paignton	87,710.00	6,867.00	11,562.00	0.00	83,015.00
Tredegar	2,568.40	0.00	2,568.40	0.00	0.00
Troon	7,975.07	0.00	7,975.07	0.00	0.00
Trowbridge & District	1,253.73	1,806.44	1,210.33	0.00	1,849.84
Truro	1,614.00	0.00	1,614.00	0.00	0.00
Turriff & District	5,556.04	3,669.81	4,619.56	0.00	4,606.29
Ulverston	3,927.93	0.00	3,927.93	0.00	0.00
Wakefield	4,113.28	0.00	4,113.28	0.00	0.00
Wales Committee	24,563.96	14,559.00	11,607.00	-264.96	27,251.00
Walsall	15,013.53	3,413.42	10,343.10	0.00	8,083.85
Waltham Forest South	17,952.00	6,955.00	9,601.00	717.00	16,023.00
Walton-On-The-Naze	5,776.30	3,244.54	3,451.03	494.27	6,064.08
Wandsworth	20,510.48	1,033.92	2,539.40	0.00	19,005.00
Wansbeck	5,531.17	1,986.00	2,793.00	-0.33	4,723.84
Warminster/Westbury	2,304.80	0.00	2,304.80	0.00	0.00
<b>Subtotal carried forward</b>	<b>4,490,547.60</b>	<b>1,376,037.23</b>	<b>1,722,931.58</b>	<b>(78,011.54)</b>	<b>4,065,641.71</b>

## APPENDIX B

### Branches (continued)

Name	Opening funds as at 01/11/04 £	Receipts £	Payments £	Asset changes and adjustments £	Closing funds as at 30/10/05 £
<b>Subtotal brought forward</b>	<b>4,490,547.60</b>	<b>1,376,037.23</b>	<b>1,722,931.58</b>	<b>(78,011.54)</b>	<b>4,065,641.71</b>
Washington	397.97	0.00	397.97	0.00	0.00
Watford	155,348.00	23,597.00	27,744.00	2,000.00	153,201.00
Wear Valley Support Group	1,384.94	1,014.49	1,559.29	73.61	913.75
Wellingborough	2,534.00	1,169.00	683.00	0.00	3,020.00
Wells	18,585.55	4,602.62	2,325.00	0.00	20,863.17
Wembley & Kingsbury	13,037.00	5,725.00	6,128.00	0.00	12,634.00
West Bromwich Self Help Group	13,577.30	27,335.15	23,060.63	-8,195.74	9,656.08
West Linton	396.00	3,125.00	2,922.00	0.00	599.00
West Lothian Ac Self Help Grp	19.59	1,181.49	729.35	0.00	471.73
West Midlands Alc	456.74	141.00	229.78	0.00	367.96
West Wirral	34,653.06	8,086.00	8,495.00	-54.30	34,189.76
Westbourne	735.66	0.00	735.66	0.00	0.00
Western Isles (Stornoway)	3,102.00	1,800.29	2,286.19	-97.65	2,518.45
Western Northern Ireland	1,558.83	1.00	0.00	0.25	1,560.08
Weston Super Mare & District	7,728.19	12,637.22	11,556.83	-608.00	8,200.58
Weymouth	636.58	0.00	636.58	0.00	0.00
Wick & District	3,419.00	712.00	1,786.00	-0.30	2,344.70
Wigton Support Group	623.17	0.00	623.17	0.00	0.00
Williton & Watchet	1,776.44	2,114.53	2,296.57	182.04	1,776.44
Wiltshire	574.05	0.00	0.00	-574.05	0.00
Winchester	4,226.50	0.00	4,226.50	0.00	0.00
Winsford	1,763.84	4,532.00	4,455.00	74.16	1,915.00
Wishaw	1,065.21	0.00	1,065.21	0.00	0.00
Woking	4,243.00	2,893.00	2,886.00	0.00	4,250.00
Wolverhampton	46,841.00	0.00	46,841.00	0.00	0.00
Woodford	33,465.43	12,256.00	11,743.00	233.66	34,212.09
Woodley & Earley	1,628.00	0.00	1,628.00	0.00	0.00
Woolton (Liverpool)	7,734.59	5,314.07	5,670.26	-2,889.19	4,489.21
Worcester	1,914.12	0.00	1,914.12	0.00	0.00
Worksop	253.17	0.00	0.00	-253.17	0.00
Worthing & District	16,774.00	7,180.95	8,314.52	0.41	15,640.84
Wrightington Self Help Group	1,559.61	774.00	408.44	0.00	1,925.17
Yac Renfrewshire Group	358.93	0.00	0.00	-358.93	0.00
Yac South Hampshire Group	862.98	30.50	58.75	-2.25	832.48
Yeovil	60,238.00	11,090.00	10,228.00	-8.00	61,092.00
York & District	2,087.13	0.00	2,087.13	0.00	0.00
Yorkshire	1,785.00	841.00	1,263.00	0.00	1,363.00
Ystrad Mynach	2,572.50	2,746.67	1,904.51	0.00	3,414.66
Ystradgynlais	7,751.64	1,636.97	1,499.39	0.00	7,889.22
Duddon Support Group	380.10	0.00	380.10	0.00	0.00
Gloucester	-90.97	90.97	0.00	0.00	-0.00
South Central Scotland	-903.74	903.74	0.00	0.00	0.00
Jersey	14,263.99	0.00	14,263.99	0.00	0.00
North Birmingham Yac Group	481.01	0.00	481.01	0.00	0.00
South Central Sc	904.00	0.00	904.00	0.00	0.00
Southampton	-6,349.00	6,349.00	0.00	0.00	0.00
Southport & District	-59.61	59.61	0.00	0.00	0.00
Stoke On Trent	-1,678.00	1,678.00	0.00	0.00	0.00
Tamworth	-5,213.00	5,213.00	0.00	0.00	0.00
Kingston Upon Thames (Late)	0.00	0.00	0.00	733.65	733.65
Accounting Adjustments	-£257,994.00	-£202,416.50	-£141,182.53	£87,755.34	-£231,472.63
Depreciation	0.00	0.00	£48,060.00	0.00	-£48,060.00
Investment Gains /(Losses)	0.00	£103,664.00	0.00	0.00	£103,664.00
	<b>£4,691,957.10</b>	<b>£1,434,116.00</b>	<b>£1,846,226.00</b>	<b>£0.00</b>	<b>£4,279,847.10</b>

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## Principal places of business

### Head Office

18 Stephenson Way  
London  
NW1 2HD  
Tel: 020 7380 6500

### Central England

Unit 7  
Carlton Business Centre  
Station Road  
Carlton  
Nottingham  
NG4 3AT  
Tel: 0115 952 5522

### North England

Suite 2  
Belle Vue Business Centre  
Elm Tree Street  
Wakefield  
WF1 5EQ  
Tel: 01924 882150

### South England

18 Stephenson Way  
London  
NW1 2HD  
Tel: 020 7380 6509

### Northern Ireland

115 Enkalon Business Park  
25 Randalstown Road  
Antrim  
BT41 4LJ  
Tel: 028 9448 1380

### Scotland

Unit 25A, Anniesland Business Park  
224 Netherton Road  
Glasgow  
G13 1EU  
Tel: 0141 9547776

### Wales

Gofal Arthritis yng Nghymru  
Tŷ Trydan  
Stryd y Castell  
Castell Newydd Emlyn  
Sir Caerfyrddin  
SA38 9AF  
Tel: 01239 711883

Arthritis Care in Wales  
Electric House  
Castle Street  
Newcastle Emlyn  
Carmarthenshire  
SA38 9AF  
Tel: 01239 711883

### Hotels

Burnlea Hotel  
Burnlea Road  
Largs  
KA30 8BX  
Tel: 01475 687235

Lovat Lodge Hotel  
Thurlow Road  
Nairn  
IV12 4EZ  
Tel: 01667 453298

New Mayfair Hotel  
673-677 New South Promenade  
Blackpool  
FY4 1RN  
Tel: 01253 347543

Orton Rigg Hotel  
53 Cliff Drive  
Canford Cliffs  
Poole  
BH13 7JF  
Tel: 01202 707946

## Arthritis Care

Arthritis Care is the UK's largest organisation working with and for all people who have arthritis

Arthritis Care  
18 Stephenson Way  
London NW1 2HD  
Tel: 020 7380 6500  
Fax: 020 7380 6505

24-hour information line: **0845 600 6868**  
Free, confidential helpline: **0808 800 4050**  
(10am to 4pm weekdays)  
[www.arthritiscare.org.uk](http://www.arthritiscare.org.uk)

Registered Charity No. 206563  
Company No. 529321

Legal Status:  
Charitable company limited by guarantee and not having a share capital. Each member of the board and member of the charity guarantees the company the sum of £1.

ACR075



**ARTHRITIS CARE**

*Empowering  
people with arthritis.*