



Your name:

Your diagnosis:

Your Doctor/Nurse/Pharmacist's name:

CHANGE OF MEDICATION

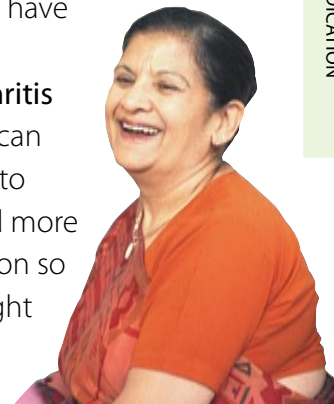
Your arthritis medications have changed

This Info Prescription tells you about places you can go to get more information and support.

TEAR ALONG HERE

A change from your current medication might take some getting used to, but it is important to find out what works best for you. This handout gives you a list of organisations and people who are **here to help you**. Have a look on the back. Keep hold of it as you might want the information in the future.

 If you want to know more about the medications you have discussed with your doctor, **ring the Arthritis Care Helpline**. They can provide information to help you understand more about your medication so you can make the right choice for you.



For answers to your frequently asked questions visit www.infoprescription.org.uk

Patient Name _____

Patient ID No. _____

Date _____



MORE INFORMATION AND HELP:

Get friendly support:

Arthritis Care Helpline

Phone free for a confidential chat (in up to 150 different languages)



0808 800 4050 (weekdays 10am–4pm)



helplines@arthritiscare.org.uk

Arthritis Care, 18 Stephenson Way, London NW1 2HD

Get more information and local support:



www.infoprescription.org.uk

Chat to people online and learn about arthritis:



www.arthritiscare.org.uk

Go on a free course to help you manage your condition:

Expert Patients Programme



020 8846 6803

If you need support in your own language contact CITAS Advocacy:



0208 600 3830

Get information about prescription pre-payment certificates:



0845 850 0030



www.ppa.nhs.uk

**If you don't have access to the internet at home,
visit your local library for free access and help.**

